



St Joseph's College

2026 Sport Program



— — — — — Empowering *mind*s. Enriching *heart*s.

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OUR VISION

St Joseph's College is an educational community focused on the Spirit of Jesus.

Participation in sporting activities is highly valued and forms an integral part of life at St Joseph's College. The focus of the College sports program is:

- Participation where every effort is made to ensure that sport is a satisfying and enjoyable experience for all students. Students of all abilities are encouraged to compete in sport, as the program prides itself on inclusivity.
- Sport builds character and community, confidence and self-esteem, discipline and humility, fitness and mental aptitude, friendship and life-long memories.
- Sport provides invaluable life lessons, designed to supplement their classroom endeavours. The school believes preparation, effort and sportsmanship are more important than winning; success is measured by effort and willingness, not simply results.
- Students will engage in sport aimed at the provision of expertise that allows students to pursue representative sporting opportunities.
- Commitment to and support of other team members, regardless of their achievement or success.
- Experiencing both the highs of winning and the harsh realities of losing and learning how to handle both with grace and humility.
- The importance of teamwork and being a part of something bigger than yourself.

The Sporting Program provides students who have a genuine commitment to their chosen sport with an opportunity to pursue the sport along the various pathways that now exist in the sporting industry. It also provides them with the opportunities to not only represent the school, but also be selected in district, regional, and state teams.



STATEMENT

School sport is an opportunity for young people to participate in physical activities to develop skills, self-esteem, fun, fitness, and friendships. There are many sporting opportunities for participation and involvement in sport at St Joseph's College. Many of those opportunities occur outside of school lessons and rely on adult volunteers from the school community to coach, manage and support teams. Without the commitment of volunteers our young people would not be able to participate in sports outside of school hours.

This policy outlines the opportunities, responsibilities and commitment required by players, parents, organisers, and spectators. It is a condition that all young people and adults agree to abide by this policy when participating and assisting school sports.

OBJECTIVES

The key objectives for School Sport are:

- Provide opportunities for all young people (who qualify by age) to participate in sport regardless of ability.
- Provide suitable programs for the teaching of skills and preparation for competition.
- Provide for all young people a safe, healthy, and friendly sporting environment that encourages a sense of personal achievement, identity, and satisfaction.
- Provide for all young people a sporting environment that encourages enjoyment, the development of self-esteem and confidence.
- Provide the opportunity for all young people to become aware of and to understand the meaning of fair play.
- Encourage co-operation through the development of team skills.

BEHAVIOUR

Teachers, students, parents, and any other members of the school community involved in the school physical activity program need to:

- Ensure they are aware that their behaviour is expected to be consistent with the school's code of conduct and promote the idea of 'fair play'. Learning about fair play helps young people develop an understanding of important values like respect, co-operation, and teamwork.
- Playing Fairly on the Playground/at Sport

Students in all year levels will sign the contracts as relevant to them for sport at St Joseph's College. These contracts are used in conjunction with intensive behaviour support to encourage students to align their behaviours with the expectations of the school.

Looks Like	Sounds Like	Feels Like
Fair Teams Taking Turns Sharing the ball Not always winning Accepting not always winning	Students being honest Accepting decisions Encouragement Everyone having a voice	Fun Being included Getting a go Challenging

It is an expectation that students adhere to the following positive behaviours:

- Respect the role and direction of college staff and College leadership with their right to assist on upholding appropriate behaviour and expectations.
- Engage in positive language and behaviours which do not cause offence, physical/emotional injury, or intimidation to another person.
- Encourage and engage in behaviours that positively influence the learning and wellbeing of others in the promotion of a safe, inclusive, supportive, and cohesive learning community.
- Demonstrate respect for the learning environment to ensure our learning spaces are free from unacceptable behaviour, including disruption, discrimination, harassment in any form, bullying, vilification, victimisation, and violence.
- Maintain academic integrity in all academic tasks, assessments and examinations while striving to achieve personal excellence.
- Be punctual to Joey's Way, academic lessons, assemblies, year level activities and cocurricular commitments, always demonstrating a cooperative and respectful attitude in and beyond the classroom by listening, assisting others, encouraging others, allowing others to voice opinions and ideas and seek help in an appropriate and non-threatening manner.
- Complete tasks and adhere to deadlines with academic work.

- Maintain a safe, healthy, and supportive school culture by refraining from involvement in any form of prohibited and illegal activities such as alcohol, drugs, smoking, vaping, or theft.
- Use social and other electronic forms of media, digital platforms, mobile phones/devices appropriately and responsibly, refraining from using such mediums to vilify, intimidate, isolate, or bully another student, staff member or member of the broader College or general community.
- Wear the College uniform with pride and in alignment with college expectations both within and beyond the classroom and on all forms of personal and public transport.
- Behave in a manner that upholds the values of St Joseph's College and does not bring the College's reputation into disrepute.

To ensure the safety and wellbeing of all students, staff, and members of the broader College community, to create security of personal and College property and to uphold the values of the College, it is necessary from time to time to apply sanctions against a student because of their behaviour. Such sanctions seek to raise awareness, educate, and initiate behavioural change, and, when appropriate, are applied after attempts to achieve positive behavioural improvement by providing targeted behavioural or educational support or interventions.



Eligibility Guidelines for Participation in Extra-Curricular Activities

Purpose

Student participation in extra-curricular activities is an important part of the holistic learning that takes place at St Joseph's College. At the same time, participation in these experiences is a privilege. In order to be eligible to represent the College in this broad range of activities, it is important that students are living out College values in everyday school life. The criteria listed below are achievable by all students, provided they consistently make positive, safe and learning-focussed choices that enact The Joey's Way.

Extra-Curricular Activities

The following provides a non-exhaustive list of extra-curricular activities available to students:

Sporting	Cultural	Mission/Religion	Academic
Any sport representing St Joseph's College, including training for that sport. Any representative sport requiring College endorsement.	Any cultural activity representing St Joseph's College, including rehearsal.	Yr 12 Inauguration Ball Yr 12 Valedictory Dinner Yr 12 Celebration Excursion Any mission activity representing St Joseph's College.	Work Experience, School-based apprenticeships and TAFE Excursions / Incursions Experiences that do not contribute to the assessable elements of a chosen learning program.

Eligibility to Participate in Extra-Curricular Activities

In order to be eligible to participate in the extra-curricular activities listed above, students must be in the GREEN or YELLOW zones across all the following five areas.

	Attendance	Behaviour	Uniform	Academic	Financial
Eligible for Extra-curricular Activities	95% yearly attendance or higher	Fewer than 3 Ignatius Room referrals No suspensions	Fewer than 3 uniform infringements	All assessment, checkpoints and classwork completed to a satisfactory standard.	Family up to date with fee agreement.
	85%-95% yearly attendance	3 Ignatius Room referrals No suspensions	3 uniform infringements	Not yet up to date with assessment, homework, checkpoints, draft or classwork, but there is an agreed plan in place with the relevant teacher.	
Ineligible for Extra-curricular	75%-85% yearly attendance OR Emerging pattern of non-unresolved IR attendance at ALDs	More than 3 Ignatius Room referrals OR Any referral OR Any suspension	More than 3 uniform infringements	Not up to date with assessment, homework, checkpoints, draft or classwork in one subject or certificate course or SBA.	Family not up to date with fee agreement.
	Less than 75% yearly attendance OR Established pattern of non-suspension attendance at ALDs	More than 5 Ignatius Room referrals OR Any suspension	More than 5 uniform infringements	Not up to date with assessment, homework, checkpoints, draft or classwork in multiple subjects, or certificate courses or SBA.	

Please also note the following regarding extra-curricular eligibility:

- i. All decisions about a student's extra-curricular eligibility are at the discretion of the College Principal. In exceptional circumstances, the College Principal may reinstate a student's eligibility even if they have not met the criteria.
- ii. The timely payment of College fees is of high importance to facilitate the ongoing delivery of high-quality education to our students. Our expectation of families at the College are:
 - Fees are paid in full after the account is received, or;
 - A payment arrangement is made for regular Direct Debits to the College so that all fees are paid over an agreed period of time, or;
 - In cases of financial hardship, parents/caregivers arrange a confidential meeting with the Business Manager to discuss a payment plan for the fees.
- iii. All account balance checks are to be performed by the College Business Manager or Principal. The coach or organiser will be notified if there are any students who are ineligible, however, under no circumstances will the coach or organiser discuss this with the students. The College Business Manager or Principal will liaise directly with the family. It is the responsibility of the parent or guardian to discuss this issue with their young person.
- iv. Before deciding on a student's eligibility on the grounds of attendance, school staff will always examine attendance data, looking specifically for:
 - Whether a medical certificate has been provided
 - Any explanation provided for the absences. Please note that absences which arise from circumstances of the student's or parent's/carer's own choosing (e.g. family holidays or non- school sporting events) may impact eligibility.
 - Patterns of non-attendance
 - Any other information provided by the student's family.
- v. Alternative Learning Days are school days where students will undertake a variety of learning opportunities outside their classroom curriculum. These days play an essential role in building the culture of the College, and in the holistic learning of our students. They include but are not limited to:
 - Feast days and celebrations
 - Camps
 - Retreats
 - Swimming, Athletics and Cross-Country Carnivals

Re-establishing Eligibility to Participate in Extra-Curricular Activities

The College acknowledges that all people, especially young people, sometimes make mistakes. It is essential that students have clear paths to re-establishing their extra-curricular eligibility. The following table details the requirements for students to re-establish their extra-curricular eligibility.

Category	Concern	Implication on Extra-curricular Eligibility
Attendance	Below 85% attendance without medical certificate	Ineligible until attendance rate improves to 85%.
	Pattern of non-attendance at ALDs	Attendance at Alternative Learning Days
Behaviour	Any unresolved Ignatius Room referral	Ineligible until referral is resolved.
	3 Ignatius Room Referrals in a term	Ineligible until plan developed by student and JW Teacher
	5 Ignatius Room Referrals in a term	Ineligible until plan developed by student, parent and House Leader.
	7 Ignatius Room Referrals in a term	Ineligible until plan developed by student, parent and Assistant Principal.
	Suspension from school	Student ineligible for 1 week per day suspended.
Uniform	3 uniform infringements in a term	Ineligible until litter duty completed
	4 uniform infringements in a term	Ineligible until 10 successful days completion of UMP
	5 uniform infringements in a term	Ineligible until 25 successful days completion of UMP+
	6 uniform infringements in a term	Subject to conditions set out by Assistant Principal
	7 uniform infringements in a term	Subject to conditions set out by Principal
Academic	Outstanding assessment item, checkpoint or homework	Ineligible until item completed
Financial	Family not up to date with fee commitment	Ineligible until agreement is reached.

BASKETBALL

Both beginners and skilled basketball players can enjoy fun team spirit and competition as part of St Joseph's basketball program. The program develops each student's individual, positional and team skills and promotes a deep understanding of the game.

Term 1:

Competition: Friday Night Basketball: Term 1

- Year 9/10 girls 5.00pm
- Year 9/10 boys 6.00pm
- Open girls 7.00pm
- Open boys 8.00pm
- Year 7/8 boys 6.00pm Term 4
- Year 7/8 girls 6.45pm Term 4

Commitment: Two compulsory training session times a week and optional Enrichment program

Cost: \$40 per player (approx.)

Uniforms: Supplied and returned after each game, SJC sports socks purchased from the Uniform Shop.



Term 2:

Competition: Open & Yr 9 & 10 - AAG

Commitment: Two compulsory training session times a week and optional Enrichment program

Cost: \$30 per player (approx.)

Uniforms: Supplied and returned after each game, SJC sports socks purchased from the Uniform Shop.

Competition: Open Champion Basketball School of Queensland, Gold Coast (CBSQ)

Commitment: Two compulsory training session times a week and optional Enrichment program

Cost: \$400 per player (registration & accommodation) (approx..)

Uniforms: Supplied and returned after each game, SJC sports socks purchased from the Uniform Shop.

Term 4:

Competition: Junior Champion Basketball School of Queensland, Gold Coast (CBSQ)

Commitment: Two compulsory training session times a week and optional Enrichment program

Cost: \$400 per player (registration & accommodation) (approx..)

Uniforms: Supplied and returned after each game, SJC sports socks purchased from the Uniform Shop.

Term 4:

Competition: Year 7/8 AAG

Commitment: Two compulsory training session times a week

Cost: \$20 per player (approx.)

Uniforms: Supplied and returned after each game, SJC sports socks purchased from the Uniform Shop.

Contact: dnewton@sjc.qld.edu.au

Conditions:

- Suspended from the College for that day
= NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed

AUSTRALIAN RULES

AFL Queensland is committed to providing pathways for men and women and working with schools to offer pathways and programs suitable for players of all abilities.

Our program consists of a Junior and Senior division, with all players participating in a combination of skills sessions led by qualified AFL and SJC coaches.

Several of our students have been identified and selected as part of the Wide Bay Darling Downs Level 1 Lions Development Squads.

Term 3:

Competition: Street Smarts Australian Football League QSchools Cup

Teams: Junior Boys & Girls (Yrs 7-9) and Senior Boys & Girls (Yrs 10-12)

Commitment: One compulsory training session time per week, 8 weeks prior to carnival and training during Enrichment program.

Cost: Included with college tuition fees

Uniform: Playing shirt supplied, football shorts and socks purchased through the Uniform Shop. Mouthguard is recommended.

Contact: afellenberg@sjc.qld.edu.au



Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- EdSmart (Permission) Completed

FOOTBALL (Soccer)

Through Enrichment programs and training, the College ensures students of all abilities are provided opportunities to develop and practise their football skills. This provides them with opportunities to transfer their newly acquired skills to the field during Bill Turner Cup and SSI Red Lion competitions.

Each individual player is encouraged to grow and develop their skills and understanding of the game and supported to reach their maximum potential; both on and off the field.

Students train and play as part of two major competitions. 1. Bill Turner Cup – 15 years boys and girls. This competition sees the winner of the Darling Downs division go through to the state championships. 2. Open boys and girls in the SSI Red Lion Competition'.

Term 2:

Competition: Bill Turner Cup Gala Day

Teams: 15 yrs and under Boys & Girls

Commitment: One compulsory training session time per week, 8 weeks prior to carnival and training during Enrichment program.

Cost: \$20 per player (approx.)

Uniform: Playing shirt & shorts supplied, football socks purchased through the Uniform Shop, shin pads (compulsory) and boots.

Term 3:

Competition: Simply Soccer Inc. Red Lion Cup

Teams: Open Boys & Girls (SSI RED LION)

Commitment: One compulsory training session time per week and training during Enrichment program.

Cost: \$20 per player (approx.)

Uniform: Playing shirt & shorts supplied, football socks purchased through the Uniform Shop, shin pads (compulsory) and boots.

Contact: dnewton@sjc.qld.edu.au



Bill Turner Cup – Runners Up 2024



SSI – Winners 2025

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed

TOUCH FOOTBALL

Touch is a popular sport with many teams participating each year. Touch is a sport for all, and the skills learnt can be applied across many other sporting codes.

Our aim is to advance the fundamentals for each player while striving to develop and extend each student's skillset in the sport. The Touch Football program prides itself on developing resilient and responsible young people through developing their Touch Football skills while focusing on teamwork, perseverance, and leadership. Students develop a sense of responsibility through managing both sporting and academic commitments.

Term 3:

Competition: All-Schools Competition is run at Kearneys Spring in August in Toowoomba and is a pre-carnival to the Gold Coast tournament

Teams: - 13 Yrs Boys & Girls
15 Yrs Boys & Girls
Open team
Mixed team

Commitment: One compulsory training session time per week and optional training during Enrichment program.

Cost: \$40 per player (approx.)

Uniform: Supplied and returned after each game with SJC sports socks.

Competition: Swans Night Touch Competition (Wednesday nights)

Teams: - 13 Yrs Boys & Girls
15 Yrs Boys & Girls
Open team Boys & Girls
Mixed team

Commitment: One compulsory training session time per week and optional training during Enrichment program.

Cost: \$40 per player (approx.)

Uniform: Supplied and returned after each game worn with SJC sports socks.



Toowoomba All Schools Runners up 2025

Term 4:

Competition: All-Schools Competition held at the Gold Coast is the pinnacle for Touch and is open to secondary school teams from all over Queensland, NSW & Singapore.

Teams: - 13 Yrs Boys & Girls
15 Yrs Boys & Girls
Open team Boys & Girls
Mixed team

Commitment: One compulsory training session time per week and optional training during Enrichment program.

Cost: 13-15 Yrs Juniors \$300 per player (approx.) for accommodation and registration
Open Seniors \$350 per player (approx.) for accommodation and registration (not compulsory to stay with the team)

Registration: \$70 per player (approx.)

Uniform: Supplied and returned after each game worn with SJC sports socks.

Contact: dnewton@sjc.qld.edu.au

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed

NETBALL - Boys

Netball develops student sport specific skill level as well as providing exposure to representative level competition and opportunities for accreditation in coaching and umpiring.

Term 1:

Competition: Laura Geitz (usually a Sunday)

Team: Yrs 7-9

Commitment: Two compulsory training session times a week.

Cost: \$15.00 per player (approx.)

Uniform: Supplied and returned, SJC Sports Socks

Term 2:

Competition: Junior Vicki Wilson

Team: Yrs 7-9

Commitment: Two compulsory training session times a week.

Cost: \$20.00 per player (approx.)

Uniform: Supplied and returned, SJC Sports Socks

Competition: Senior Vicki Wilson

Team: Open Boys

Commitment: Two compulsory training session times a week.

Cost: \$20.00 per player (approx.)

Uniform: Supplied and returned, SJC Sports Socks

Term 2:

Competition: QISSNC – Queensland Independent Secondary Schools Netball Carnival. Held annually in the first week of the June/July holidays.

Team: Open Boys

Commitment: One compulsory training session time a week

Cost: Dependent on location 2025 – \$350.00 per player (approx.) for accommodation and registration

Uniform: Supplied and returned, SJC Sports Socks

Contact: dnewton@sjc.qld.edu.au

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed



NETBALL - Girls

Netball develops student sport specific skill level as well as providing exposure to representative level competition and opportunities for accreditation in coaching and umpiring.

Term 1:

Competition: Laura Geitz (usually a Sunday)

Team: Yrs 7-9

Commitment: Two compulsory training session times a week.

Cost: \$15.00 per player (approx.)

Uniform: Supplied, SJC Sports Socks, bike pants can be purchased from the Uniform Shop

Competition: Mercy Carnival Roma – three-day carnival in preparation for QISSNC.

Team: Open Girls

Commitment: Two compulsory training session times a week.

Cost: \$300.00 per player (approx.) for accommodation

Uniform: Dress Supplied, SJC Sports Socks, bike pants can be purchased from the Uniform Shop

Term 2:

Competition: Junior Vicki Wilson

Team: Yrs 7-9 Girls

Commitment: Two compulsory training session times a week.

Cost: \$20.00 per player (approx.)

Uniform: Supplied, SJC Sports Socks, bike pants can be purchased from the Uniform Shop

Competition: Senior Vicki Wilson

Team: Open Girls

Commitment: Two compulsory training session times a week.

Cost: \$20.00 per player (approx.)

Uniform: Supplied, SJC Sports Socks, bike pants can be purchased from the Uniform Shop



Mercy Cup – Runners Up 2025

Term 2:

Competition: QISSNC – Queensland Independent Secondary Schools Netball Carnival. Held annually in the first week of the June/July holidays.

Team: Open Boys & Girls

Commitment: One compulsory training session time a week plus involvement in Wednesday night competition.

Cost: Dependent on location – \$550.00 per player (approx.) for accommodation and registration.

Uniform: Supplied, SJC Sports Socks, bike pants can be purchased from the Uniform Shop

Term 2 and 3:

Competition: Wednesday Night Competition at Glennie (girls only).

Team: Div 1

Commitment: One compulsory training session time per week.

Cost: \$125.00 if not registered with another club + \$135.00 TNA playing fees per person

Uniform: Supplied, SJC Sports Socks, bike pants can be purchased from the Uniform Shop.

Junior Competition Thursday afternoons.

Contact: dnewton@sjc.qld.edu.au

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed



RUGBY LEAGUE - Boys

The program focuses on teamwork and team culture, encouraging increased participation levels of students at all Rugby League ability levels. The success of students will not simply be measured by on-field results but instead by focussing on student's growth as 'athletes', looking at improved skill sets and execution in competition. In order to develop this, students will take part in strength and conditioning development and participate in on and off the field sessions with experts in the field.

Term 1:

Competition: Commencement of training for selection in Confraternity team

Team: Eligibility 16 yrs and older

Commitment: One compulsory training session time a week.

Cost: Included within college tuition fees

Uniform: Training shirt - purchased from the Uniform Shop. Playing – Jersey supplied, shorts and socks purchased from the Uniform Shop, mouthguard and boots are compulsory, head gear is optional.

Competition: Gala Day – Toowoomba

Selection trials

Team: 14 & 15 Yr olds – Gala Day

16 & 18 Yr olds – Gala Day

Then followed by Darling Downs Trials March, Week 6 Term 1.

Uniform: Jersey supplied, shorts & socks to be purchased from the Uniform Shop.

Mouthguard and Boots are Compulsory. Headgear is Optional.

Term 2:

Competition: Wednesday night competition

Team: 13, 15 and Open boys

Commitment: One compulsory training session time a week.

Cost: \$50.00 (approx.)

Uniform: Jersey supplied, shorts & socks to be purchased from the Uniform Shop.

Mouthguard and Boots are Compulsory. Headgear is Optional.



Winners – Open Boys Division 2, 2025

Term 2:

Competition: Confraternity Carnival – first week June/July holidays

Team: Eligibility 16 yrs and older (must turn 16, 17 or 18 in year of carnival)

Commitment: One compulsory training session time per week, Enrichment program and gym days

Cost: \$550 per player (approx.) for accommodation and registration – dependent on venue of carnival.

Uniform: All items bought by students - Jersey shorts & socks. Mouthguard and Boots are Compulsory. Headgear is Optional.

Contact: tmoore@sjc.qld.edu.au



Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed

RUGBY LEAGUE - Girls

The program focuses on teamwork and team culture, encouraging increased participation levels of students at all Rugby League ability levels. The success of students will not simply be measured by on-field results but instead by focussing on student's growth as 'athletes', looking at improved skill sets and execution in competition. In order to develop this, students will take part in strength and conditioning development and participate in on and off the field sessions with experts in the field.

Term 1:

Competition: Commencement of training for selection in Confraternity team

Team: Eligibility 16 yrs and older

Commitment: One compulsory training session time a week.

Cost: Included within college tuition fees

Uniform: Training shirt - purchased from the Uniform Shop. Playing – Jersey supplied, shorts and socks purchased from the Uniform Shop.

Mouthguard and Boots are Compulsory. Headgear is Optional.

Competition: Shena Ciesiolka Gala Day

Team: Yr 7/8, Yr 9/10 and Opens

Commitment: One compulsory training session time a week.

Cost: Included within college tuition fees

Uniform: Jersey supplied, shorts & socks to be purchased from the Uniform Shop. Mouthguard and Boots are Compulsory. Headgear is Optional.

Competition: DD trials.

Team: 13 & 14 Yr olds – Week 1 Term 3

15 & 16 Yr olds – Week 7 Term 1

17 & 18 Yr olds – Week 7 Term 1

Uniform: Jersey supplied, shorts & socks to be purchased from the Uniform Shop. Mouthguard and Boots are Compulsory. Headgear is Optional.

Term 2:

Competition: Karyn Murphy Cup

Team: Yr 7/8, Yr 9/10 and Opens

Commitment: One compulsory training session time a week.

Cost: Included within college tuition fees

Uniform: Jersey supplied, shorts & socks to be purchased from the Uniform Shop. Mouthguard and Boots are Compulsory. Headgear is Optional.



Term 2:

Competition: Confraternity Carnival – first week June/July holidays

Team: Eligibility 16 yrs and older

Commitment: One compulsory training session time per week, Enrichment program and gym days

Cost: \$550 per player (approx.) for accommodation and registration depending on venue of carnival

Uniform: All items bought by students - Jersey shorts & socks. Mouthguard and Boots are Compulsory. Headgear is Optional.

Term 3:

Competition: Wednesday night competition

Team: Yr 7/8 and Yr 9/10

Commitment: One compulsory training session time a week.

Cost: TBC

Uniform: Jersey supplied, shorts & socks to be purchased from the Uniform Shop. Mouthguard and Boots are Compulsory. Headgear is Optional.

Term 4:

Competition: Wednesday night competition

Team: Yr 7/8 and Yr 9/10

Commitment: One compulsory training session time a week.

Cost: TBC

Uniform: Jersey supplied, shorts & socks to be purchased from the Uniform Shop. Mouthguard and Boots are Compulsory. Headgear is Optional.

Contact: tmoore@sjc.qld.edu.au

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed

HOCKEY - Boys

Students at St Joseph's College are encouraged to participate in the hockey All-Schools Cup Competition.

Term 2:

Competition: All-Schools Cup

Team: Open boys

Commitment: One compulsory training session time per week, 8 weeks prior to carnival and training during Enrichment program.

Cost: \$25.00 per player (approx.)

Uniform: Sports Uniform & SJC sports socks. Shin guards and Mouthguards are Compulsory.

It is played at the Clyde Park Hockey Centre. Students can either be bussed to the venue or find their own transport.

Students may also attend if they are an umpire and would like to contribute to the day in that way. This can help with being involving in referring at national carnivals.

Contact: dnewton@sjc.qld.edu.au



Conditions:

- Suspended from the College for that day
= NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed

HOCKEY - Girls

Students at St Joseph's College are encouraged to participate in the hockey All-Schools Cup Competition.

Term 2:

Competition: All-Schools Cup

Team: Open Girls

Commitment: One compulsory training session time per week, 8 weeks prior to carnival and training during Enrichment program.

Cost: \$25.00 per player

Uniform: Sports Uniform & SJC sports socks, numbered bibs supplied. Shin guards and Mouthguards are Compulsory.

It is played at the Clyde Park Hockey Centre. Students can either be bussed to the venue or find their own transport.

Students may also attend if they are an umpire and would like to contribute to the day in that way. This can help with being involving in referring at national carnivals.

Contact: dnewton@sjc.qld.edu.au



Runners Up - 2025



Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- EdSmart (Permission) Completed

VOLLEYBALL - Boys

Our program is based on growing a sustainable competition around a safe environment for our students to grow on and off the court with player well-being vital.

Volleyball is offered for both boys and girls throughout the year.

Terms 1, 2, 3

Competition: Tuesday Night Competition

Team: The boy's competition is held at Toowoomba Grammar.

3 x 8-week seasons:

Season 1: Term 1

Season 2: Term 2

Season 3: Term 3

7 Round robin competition and 1 finals game.

Commitment: One compulsory training session time per week – Monday afternoons.

Cost: \$55.00 season fee per term (approx.)

+ \$65.00 registration for the year

Uniform: Shirt supplied, SJC Sports shorts and socks.



Term 3

Competition: Seniors Schools Cup Gold Coast

Team: Open boys

Commitment: One compulsory training session time a week

Cost: \$65.00 per player (Rego & Insurance)

- \$20.00 VQ membership if not already registered.
- approx. \$300.00 per player for accommodation (approx.).

Uniform: Shirt supplied, SJC Sports shorts and socks

Term 4

Competition: Darling Downs School Cup

Team: Junior and Senior boys

Commitment: One compulsory training session time a week

Cost: \$100.00 per team (approx.)

Uniform: Shirt supplied, SJC Sports shorts and socks

Contact: tjannusch@sjc.qld.edu.au

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- Registration Paid
- EdSmart (Permission) Completed



VOLLEYBALL - Girls

Our program is based on growing a sustainable competition around a safe environment for our students to grow on and off the court with player well-being vital.

Volleyball is offered for both boys and girls throughout the year.

Terms 1, 2, 3

Competition: Tuesday Night Competition

Teams: Girls participate at a competition held at Harristown.

3 x 8-week seasons:

Season 1: Term 1

Season 2: Term 2

Season 3: Term 3

7 Round robin competition and 1 finals game.

Commitment: One compulsory training session time per week – Monday afternoons.

Cost: \$55.00 season fee per term (approx.)
+ \$65.00 registration for the year

Uniform: Shirt supplied, SJC Sports shorts and socks.



Term 3

Competition: Seniors Schools Cup Gold Coast

Team: Open girls

Commitment: One compulsory training session time a week

Cost: \$65.00 per player (Rego & Insurance)

- \$20.00 VQ membership if not already registered.
- approx. \$300.00 per player for accommodation (approx.)

Uniform: Shirt supplied, SJC Sports shorts and socks

Term 4

Competition: Darling Downs School Cup

Team: Open girls

Commitment: One compulsory training session time a week

Cost: \$100.00 per team (approx.)

Uniform: Shirt supplied, SJC Sports shorts and socks

Contact: tjannusch@sjc.qld.edu.au



Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- Registration Paid
- EdSmart (Permission) Completed

FUTSAL

Term 1:

Competition: DD School Boys Competition at USQ (Week 2 through to Week 7 – 4.45, 5.15 & 6.15pm games - Wednesday nights)

Team: U13, U15 and Opens

Commitment: One compulsory training session time per week, 8 weeks prior to carnival and training during Enrichment program.

Cost: \$120 per team (rego & insurance) (approx.)

Uniform: Shirt Supplied & SJC Football socks can be purchased from the Uniform Shop. Shin pads are Compulsory.

Competition: Girls' futsal competition at Glennie (Week 2 through to Week 7 – Thursday nights)

Team: Yrs 7-9, Yrs 10-11, Yrs 10-12

Commitment: One compulsory training session time a week

Cost: \$60.00 per player (approx.)

Uniform: Shirt Supplied & SJC Football socks can be purchased from the Uniform Shop. Shin pads are Compulsory.

Southwest Queensland trials take place during April/May.

Term 2:

Competition: Regional Club Competition Brisbane – Available to enter, Subject to Interest

Term 3:

Competition: SWQ Titles

- Available to enter, Subject to Interest

Competition: National School Championships

- Available to enter, Subject to Interest

Term 4:

Competition: SWQ USQ Competition

- Available to enter, Subject to Interest

Contact: dnewton@sjc.qld.edu.au



Winners - 2025



Runners Up - 2025

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- Registration Paid
- EdSmart (Permission) Completed

SOFTBALL

Students at St Joseph's College are engaged to participate in a gala day for the Golden Glove Competition.

Term 3:

Competition: Golden Glove

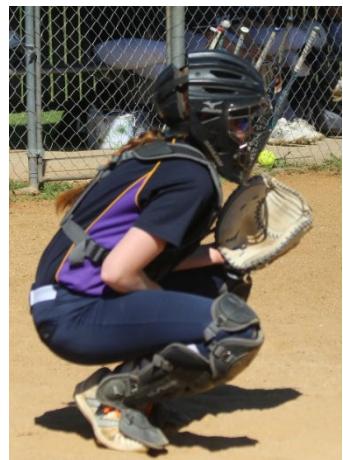
Team: Yrs 7-12

Commitment: One compulsory training session a week, 6 weeks prior to the carnival

Cost: Included within college tuition fees

Uniform: School sports uniform and socks provided by the College. Students can bring own bats, gloves and equipment if needed.

Contact: tjannusch@sjc.qld.edu.au



Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Payment of Fees by closing date
- Registration Paid
- EdSmart (Permission) Completed

SWIMMING CARNIVAL

One of the highlights of the sporting calendar is the first of the inter house carnivals. This is normally held in either week 2 or week 3 of term 1. This carnival allows for students to showcase their talents and each other to win the house championship and age champions. It engenders a sense of team spirit that can permeate into the classroom, thus improving student learning and school spirit.

We 'pre-nominate' for events. The number of heats is determined by the number of swimmers presenting at the marshalling area. Faster swimmers and those interested in going to the district competition are requested to swim in the faster timed heats. All lanes and heats are timed.

For students who are less confident in swimming 50m, students can complete the 25m participation races and earn points for their house.

Students are encouraged to dress up in house colours.

Students either travel by bus to the pool or make their own way to and from the pool.

Uniforms: Togs

Girls - One piece (NO bikinis) with T-shirt or Rashie

Boys - Normal swimming attire, shorts made from Lycra or nylon

Contact: dnewton@sjc.qld.edu.au

Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Normal school day
- Students expected to attend or supply medical certificate



ATHLETICS CARNIVAL

The Athletics Carnival is held in August (Term 3) at the O'Quinn Street Athletics area. This event is about endeavour and struggle, for the pride and honour of yourself and your house.

Several events like javelin, triple jump and 1500m are held prior to the carnival day (for safety and logistics considerations). Again, the emphasis is on participation, overcoming adversity, enduring hard work, persevering through failure, building self-esteem, and improving one's self-worth.

The Champion House is usually decided by the participation of members of the houses and the relays, the winner invariably, the one which has the greatest number of students participating.

Age Champions are awarded at the end of the carnival in each of the age group. Students either get bussed to the venue or find their own transport to and from the carnival.

Uniforms: Sports Uniform/House coloured T-shirt/costumes. College house bucket hats can be purchased from the Uniform Shop. Sports shoes must be worn at all times.

Contact: dnewton@sjc.qld.edu.au



Conditions:

- Suspended from the College for that day = NO playing
- Behaviour and Eligibility up to date
- Normal school day
- Students expected to attend or supply medical certificate

CROSS COUNTRY

The cross country is a compulsory activity for all students to complete, even if they walk the course. It will again be held in conjunction with Shave for a Cure and Colour Explosion.

As the DD trials for Cross country are earlier, students are still able to have the opportunity to nominate for this event.

Like the swimming carnival, the cross country has an overall house champion as well as age champions for each year level.

The colour explosion is a gold coin donation to participate, with all funds going to Shave for a Cure. You can only go in the colour explosion race if you have participated in the normal Cross-Country event. Glasses must be worn with bandanas an optional choice. White shirts are worn and if students spray the shirt with vinegar and then iron it, they can set the colours into the shirt.

The staff have so much fun throwing the paint at the students.

Uniforms:

Cross Country: Sports Uniform/House coloured T-shirt/costumes, shoes worn at all times.

Colour Explosion: White T-shirt, other shorts, glasses compulsory, masks/bandanas optional (unless asthmatic then compulsory).

Masks and Bandanas can be ordered through the College or bring your own.

Contact: dnewton@sjc.qld.edu.au



Conditions:

- Suspended from the College for that day - NO playing
- Eligibility at discretion of APSE and/or House Leader
- Normal school day
- Students expected to attend or supply medical certificate.

Range Trial, Toowoomba District Trials, and Darling Downs Representation

Students are encouraged to work towards selection in representative school sport sporting teams.

Students in the 10 – 12 years age bracket must first trial at the Range Zone trials, be selected in this team before they are invited to attend the Darling Downs Trial.

13 – 19 Years trialist must also make the Toowoomba team before they are invited to attend DD trials for their sport. TSSS trials are usually held after school where the DD trials are held normally during school time. All dates are subject to change, but all students must nominate through the Sport Program leader with permission and medical forms.

Students may also be invited to attend State Championships as umpires or referees in their chosen sport.

Cost: Most costs are free for Toowoomba trials, but some may charge a court/field hiring charge. Darling Downs teams have varying fees depending on venue and region attending.

Darling Downs Trials cost will vary from \$16.50 to \$22.00 per sport.

Uniform: SJC Sports Uniform or numbered playing shirt available from the sports office if requested.



For further information on DD or TSSS Trial dates please refer to our College Sports Calendar.

[2026 - Sports Calendar - St Joseph's College \(sic.qld.edu.au\)](http://2026 - Sports Calendar - St Joseph's College (sic.qld.edu.au))

For further information go to
www.ddschoolsport.eq.edu.au