Newsletter 2019

May 3 2019 Term 2 Issue 12



Dear Parents, Students and Caregivers.

At a recent conference, Professor Pasi Sahlberg (World Leader in Education Policy) talked about the value of play in childhood, adolescence and as adults. In particular why we don't take it seriously.

Play psychologists insist, it is essential to childhood development. More than that, researchers in the effects of play make clear that play is important to our own development as adults as well. Which means that what we don't learn about play as children will return to haunt us as we get older. It is the training ground, researchers affirm repeatedly of both the happy child and the healthy adult.

The effects of play follow us through the years always stretching us, often relaxing us and helping us reshape our world. It is the only arena in life where failure can be fun, and creativity is really encouraged, and talent tested without personal cost. Eventually we come to realise that all of life is a game, really, and some of its rules simply don't work anymore. In fact, some of the rules actually make the game impossible to play. A few of them take the fun out life entirely. Most of all, we learn in play to be flexible, to realise that losing does not mean that we will never play again. It means that we must learn how to lose and then return to play again. Having learned to lose, whether playing on a team or shooting baskets alone in our backyard, we know clearly there is no such thing as always winning. We learn that some people have better scores than us and we learn to respect those with talents that are beyond our own. We learn that play is therapeutic as it is socially or physically developmental. Play keeps the world sane in a world where time never ends.

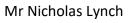
The question we are required to ask is how much play is there in our world? The happiness of our lives may well depend on the answer.

Congratulations

Last Wednesday, the College celebrated Edmund Rice day, the Founder of the Christian Brothers — who were the originals caretakers of St Joseph's. Edmund Rice was very particular in his quest for equality and importantly equity, so everybody was on a level playing field regardless of their status He cared for those around him and tried to give them an experience of a more meaningful life. It was during this celebration, we welcomed Miss Tamala Robinson and one of our current school captains, Hamish McIlveen, into the Catholic church. This was a very moving ceremony and one which enriched all who attended. It is excellent role modelling for our community to see the spiritual aspects of life is still important in a secular world. Both Tamika and Hamish both expressed a similar sentiment to Edmund Rice in their care for others and how important this has become for them. I wish them well in their pursuits of a better society for all.

This week's reflection:

To lose in the struggle to make the world better than what it is, is honourable. To quit trying just because winning does not seem possible is not. (Edmund Burke)



Principal









Let's create your best future, together.



Breakfast Club

Roster 2019

Date	PC Teacher				
	May				
8	A7	Janet Reed			
15	A8	Megan Scott			
22	A6	Bridget Hines			
29	A4 Anita McMartin				
June					
5	A9	Chris Fitzpatrick & John Hegarty			
12	A1	Shelley Hunt			
19	A3 Russell Bryant				
26	Year 11 Co-ordinating Group				



Breakfast Club

Thank you to Mrs Wright, A5, Mr Canning and Ms Unsworth for our Clifford outreach to Park on Wednesday morning.



Assistant Principal - Mission Mrs. Iulieanne Rasmussen

Feast of Edmund Rice

Reflection by Hamish and Tamika (after communion)

We thank you, O God

- for those people who are channels of your love in our lives;
- for those who gave us birth, and, in the weakness of our infancy, sheltered, nurtured and treasured us;
- for those who taught us to walk, to talk and to explore tastes, smells, sounds and to experience the warmth of belonging and embracing;
- for those who overlooked our faults and affirmed our strengths, and the friends, young and old, who shared our tears and laughter.

We thank you, Lord, for the people of strong faith who stretch our minds and enable us to love others through the experience of being loved.

We thank you for those very sincere people who have demonstrated the joys and disciplines of the Kingdom of God, and especially people who taught us to love you.

God of love, for these experiences of growth and loving and for the knowledge that the best is yet to come, we thank you through Jesus Christ our Lord. Amen.

Initiation of Hamish McIlveen and Tamika Robinson into the **Catholic Faith Community**

With faith, hope and love, we welcomed Fr Ray, Hamish and Tamika's family and friends, as well as the Year 12s from 2018. to our Liturgy for the Feast of Edmund Rice and the initiation of Hamish and Tamika into the Catholic Community.

Hamish McIlveen, (Year 12 College Captain) and Tamika Robinson (Year 12, 2016 and present staff member) were formally welcomed into the Catholic community.

During the Baptism Ritual, Hamish, was asked if it were his desire to be baptised. Hamish and Tamika were anointed with the Oil of Chrism by Fr Ray.

You are anointed as **priest** to be a mediator between people.

You are anointed as **prophet** to be a person of hope.

You are anointed as king to treat every human being with the same dignity.

On behalf of the College community, we would like to thank Hamish and Tamika for choosing to mark this important occasion with us. We feel honoured to be part of their faith journey and thank them for the example they have shown us.

Mr Lynch presented a gift to Hamish and Tamika. May it remind them of just how loved they are.



Thank you to Mrs Reed, Mr Denham and Year 12s, Taylah Baxter and Ethan Chambers for cooking and serving the bbq dinner at Harlaxton on Wednesday night.



As always, our Tuckshop staff did an for this outreach.

amazing job of preparing our food Next Outreach - May 29

Good morning.

Thank you, Fr Ray, Mrs Rasmussen and sponsors, for giving your spiritual guidance. Thanks to the St Joseph's College community for your witness of this special occasion.

It is because of the College community I chose to become a Catholic. To me, being a Catholic is about showing compassion to all people by protecting others in times of great pain and suffering. Being a Catholic is about showing love and appreciation for one another in times of joy and happiness. In front of me are young men and women who come from all walks of life. In front of me are young men and women who believe in love, compassion, service to humanity and who follow and protect the College values—which are Catholic values. It is because of the College community I chose to become a Catholic.

Glory be to God.

Hamish McIlveen











In 2012, I was fortunate enough to become part of the St Joseph's College community. During my time at the College I have been exposed to many service activities where I see 'Serve Him in Others' being lived out every day. I believe the Catholic values of Compassion, Endeavour, Respect and Dignity have shaped me to be the person I am today. From the moment I put on the St Joseph's College uniform, I felt a strong sense of belonging, and it felt like home. I knew that for me the next step was to affirm my faith through my initiation into the Catholic Church. I have always felt a part of this community, but I wanted it to become official and to be a member of the one big family that we pride ourselves on, in this community as well as the wider community. When choosing a Saints name to carry with me along this journey, St Therese of Lisieux resonated. St Therese saw God through ordinary actions and through being a part of this community for 8 years now it was the ordinary actions of every one of you, that I too felt the presence of God amongst us. This is what being a Catholic means to me, ordinary actions exemplified with great love for one another, living out the values on a daily basis. I feel grateful for the journey I have had so far and I look forward to continuing my faith experience with the support of my sponsors Miss Kellie Ford and Mrs Pamela Sullivan, Fr Ray, Mrs Julieanne Rasmussen, my family, friends and the community of St Joseph's that I am very proud to be a part. So, thank you to this wonderful community for displaying to me that every day, in some way, shape or form, we to can 'Serve Him in Others'. Tamika Robinson



Assistant Principal - Curriculum Mrs. Kerrie-Anne Fellenberg

2019 QCS Test: Special provision

Special provision is available to students who are affected by a medical condition, an impairment or exceptional circumstances that may act as a barrier for their access to the test or to their demonstration of achievement in the test.

Before the test — applications are open.

Special provision	Who may apply	Closing date
Special arrangements are practical adjustments to the test conditions, e.g. restbreaks, A3-size test materials, computer.	OP-eligible students OP-ineligible students Private-entry candidates	Long-term impairments — Applications close on Tuesday 21 May 2019, unless the condition is diagnosed after this date. Short-term impairments —
Exemption allows a student to be absent from the test and remain eligible for an OP. Exemption will be considered where students are so severely affected by their impairment/circumstances that they will be unable to sit the test with the special arrangements that are available.	OP-eligible students	Do not submit an application before the category-specific dates shown on pages 9–21 of the 2019 Special provision handbook: Queensland Core Skills (QCS) Test.

After the test — applications open on Tuesday 3 September 2019 (Day 1 QCS Test)

Special provision	Who may apply	Closing date
Absentee exemption allows a student who was absent from the test to remain eligible for an OP. The absence must have been unforeseen and unavoidable.	OP-eligible students	Applications close on Thursday 10 October 2019.
Special provision	Who may apply	Closing date
Declaring a test grade null and void allows a student who sat the test to choose not to receive a test grade. OP-eligible students remain eligible for an OP. Students may apply if they believe that illness or exceptional circumstances significantly affected their performance during all or part of the test.	OP-eligible students OP-ineligible students Private-entry candidates	Applications close on Thursday 10 October 2019.

Application process

I will submit applications online, on behalf of students. A student who wishes to apply for special provision directly to the QCAA rather than through the school should phone (07) 3864 0227. Applications are currently open.

Documentation

Students must provide suitable documentation to support their application which is uploaded with the application. Medical documentation must be provided by a suitably qualified person who is not related to the student and is not employed by the school.

For further information, please ask your son or daughter to contact me at the College



A reminder that Term Two Parent Teacher Interviews are on Wednesday, 8 May from 1:15pm to 6:30pm. School will finish at 12:30pm on this day to allow for these important interviews.

Students who need to remain at school due to late buses will be supervised in the library until 3:00pm. If your son or daughter needs to be supervised could you please notify the College Office by 3:00pm **Tuesday, 7 May** so appropriate supervision can be organised.

St Joseph's College has an online booking system to enable parents and carers to make appointments for this allocated time.

Bookings can be made at: https://sobs.com.au/pt3/parent.php?schoolid=790.

The booking system is open for parents until 9am Friday, 3 May 2019.

In order for teachers to prepare for the interviews, **no further bookings can be made after this close date**. If the time you would like to book has already been booked by another parent, you will not be able to access that time, and will need to select another time slot.

Enquiries about the process can be made to Mrs Petrina Edser (4631 8500) during office hours.



Queensland Certificate of Education

Access Arrangements and Reasonable Adjustments (AARA) – Year 11 2019

In the new QCE System, AARA – formerly known as special provisions – minimise barriers for eligible students to demonstrate their learning, knowledge and skill in assessment.

AARA are for students who may have a disability, impairment and/or medical conditions or experience other circumstances that may be a barrier to their performance in assessment.

Schools are required to submit applications for AARA on their students' behalf.

The due date for submissions for ongoing and long-term conditions for current Year 11 students is the end of Term 1, 2020.

If you have any questions, please contact Mr Darcy Goodall (Middle Leader – Student Services) or Mrs Kerrie-Anne Fellenberg.



WHITE CARD

Work Experience in the CONSTRUCTION INDUSTRY including building, plumbing, electrical, cabinet making, tiling, plastering, painting.

Students that will be working in the Construction Industry are required to undertake the Construction Industry Safety "White Card" Course: CPCCWHS1001 Prepare to work safely in the construction industry.

This course will be offered at the college on Wednesday 8th May by Blue Dog Training.

Cost \$40

Students should see Ms Masters asap for Enrolment forms.







Vocational Education Mrs. Angela Masters





School Based Traineeship vacancies with Aurora training.

QUALIFICATION	EMPLOYER	LOCATION	NO. OF VACANCIES
Certificate III in Business (Retail Specialisation)	Foodworks	Toowoomba	2
Certificate III in Business (Retail Specialisation)	Subway	Gatton	2
Certificate III in Business (Retail Specialisation)	Subway	Plainlands	2
Certificate III in Hospitality	Qi'lin	Toowoomba	2

Students interested in these positions please see Ms Masters for further information.

Recruiting Now

Australian Navy Cadets

TS Toowoomba

'Fearless'



TS Toowoomba Cadets last year

- Participated in Freedom of Entry through the City of Brisbane
- Went on Tall Ships, on Young Endeavour and South Passage
- Completed High Ropes Courses
- Competed in the National Sailing and Shooting Competitions in Sydney
- Went to HMAS Cerberus (Recruit School) to experience a week in the Navy
- Spent a week away on HMAS Choules and Naval Training Ships
 - Completed Leadership Courses Gallipoli Barracks
- Served the public in Ceremonial Activities
- Learned to Sail, Canoe, Powerboat
- Earned skills badges in Marine Technician, Ceremonial Weapons, Cooks, Seamanship, Communications, Drum Corps, First Aid, Diving
- Earned their Duke of Edinburgh Award
- Had fun and made friends with Cadets from around Brisbane and Australia

TS Toowoomba parades on

When: Wednesday Nights from 5:45pm - 9pm

Where: Hennessy St Harristown (Behind the Bus Interchange)

Cost: \$50 joining fee (one off) then \$5 each night

Week long camps, participation in National Events, sea rides on Royal Australian Navy Ships – no cost to cadet

Some events, low cost

Uniforms are on loan from Defence - no cost to you



Take the Plunge – Just Add Water

Contact: LEUT Jennie Waterson, ANC 0408 743 316

Jennifer.Waterson@navycadets.gov.au We recruit all year, no specific intake.



ST JOSEPH'S COLLEGE TOOWOOMBA PROUDLY PRESENTS





BASED ON A DISNEY CHANNEL ORIGINAL MOVIE

THURSDAY 6 JUNE 7PM FRIDAY 7 JUNE 7PM ARMITAGE CENTRE

ALL TICKETS \$5
FAMILY OF 5 \$20
BOOK TICKETS AT EMPIRE THEATRE

Licensed exclusively by Music Theatre International (Australasia). All performance materials supplied by Hall ecoard Australia



Career Guidance Ms. Fabiana Wilson





EXPO



Open Days & careers Expos

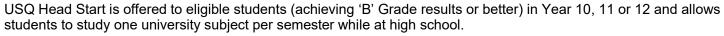
Open Days and Careers Expos are highly recommended for students (and their parents) in Grades 9-12.

For dates, events and contacts please use the link provided:

https://www.gtac.edu.au/courses---institutions/open-days-expos

USQ Update

Head Start



Semester 2 Head Start applications close on 1 July 2019

For further information please contact me or follow the link provided: https://www.usq.edu.au/head-start

USQ Student Experience Days

Registrations are now open for Student Experience Days. Year 11 students can register their attendance in their preferred study areas with registrations closing on Thursday 2 May 2019.

This event is not available for Year 12 students as it clashes with their Retreat.

All information is available by following the link provided:

https://www.usq.edu.au/events/2019/05/student-experience-day/twb-student-experience-day

I can assist with the online registration if required.

USQ Toowoomba

Date: 30 May Register now

USQ

TV and Radio Two Day Experience

Do you aspire to work in Television or Radio?

Spend two days of your July or September school holidays at the USQ Springfield Campus.

This opportunity is limited to just 35 Year 10 to 12 school students (25 Television and 10 Radio), to engage with USQ academics, current students and industry partners.

The event will outline some of the opportunities and the future needs the industry is facing and give attendees a chance to experience the industry first-hand.

July Two Day Experience 8–9 July 2019

Register now

September Two Day Experience 23–24 September 2019 Register now







University of Queensland (UQ) Update

Find out how to become a doctor - Information session

The UQ Rural Clinical School invites students and parents to attend an information evening where UQ's pathways into medicine for school leavers and graduate entry, subject choices for seniors, and the application process, will be explained. There is no cost involved.

Date: Tuesday 14 May or Wednesday 15 May 2019 (choose one

session)
Time: 6:00pm

RSVP: By Tuesday 7 May via the RSVP button below

Venue: The University of Queensland Rural Clinical School, 152 West

Street, Toowoomba

Seats are strictly limited.

RSVP Now!



Or click on the link: https://communicate.health.uq.edu.au/forms/s/uQ7EhVQ8XT6M-pvhevQVI50i2tydcDMS2pL4C-laBu0/37952/631853/277190.html

Please see me if you are having difficulties registering.

Queensland University of Technology (QUT) Update

Information seminar for parents and high school students, including a campus tour.

Wednesday 8 May

If interested, please register for the event using the link provided: https://www.qut.edu.au/study/events/parent-information-seminar?
https://www.gut.edu.au/study/events/parent-information-seminar?
https://www.gut.edu.au/study/events/parent-information-seminar?
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Registrations are now open.

QUT

WEP Student Exchange Program

World Education Program's (WEP)Australia is a not for profit student exchange organisation. They offer short term, semester & year-long student exchange programs to 27 countries.

Scholarship Available! For students in years 9, 10 and 11

This scholarship can be applied to a semester or year student exchange program to many countries, departing between January - March 2020

For more information and to apply, go to www.wep.org.au/impact-scholarship



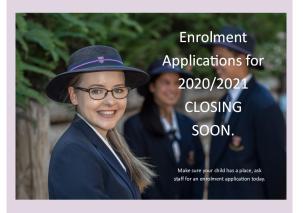
CATCH UP CLINIC DATES AT OZCARE

Location: 10 Pechey Street, Toowoomba Please call (07) 4639 7888 to book an appointment time

Dates:

 $\begin{array}{ll} \text{Tuesday 7}^{\text{th}} \, \text{May} & 3.30 \text{pm} - 4.15 \text{pm} \\ \text{Tuesday 28}^{\text{th}} \, \text{May} & 3.30 \text{pm} - 4.15 \text{pm} \\ \text{Wednesday 12}^{\text{th}} \, \text{June} & 3.00 \text{pm} - 4.00 \text{pm} \end{array}$









Coach Mr Bruce Cook

On Sunday 28 April 2019, Mr Cook and Year 11 students Liam Frost, Adriel Green, Jase Sampson and Henry Teakle competed in the annual Milne Bay Military Challenge 15KM teams event.

The Milne Bay Military Challenge is a charity endurance event which is held once a year in the National Parks of Toowoomba. The challenge is an initiative of the Rotary Club of Toowoomba South and its satellite club, Rotary Edge, and raises funds for local charities.

The Milne Bay Military Challenge is held in recognition of the Darling Downs based 25th Australian Infantry Battalion. The event honors the hallowed memory of the many men who voluntarily enlisted from the Downs, and who entrained at or passed through Toowoomba to become members of the 25th Battalion.

The 15KM course took the team through both Jubilee and Redwood Parks and saw a record number of competitors. The St Joseph's College team won the 15KM schools events with a time of 2 hours and 1 minute. This is the second time that this team has won the event. Congratulations to the St Joey's Purple

team.





SJC TERM DATES

Term 2 10 WEEKS

Commences Tuesday April 23 Concludes Thursday June 27

JUNE/JULY BREAK

Term 3 10 WEEKS

Commences Monday July 15

Conclude Thursday September 19

SEPTEMBER BREAK

Term 4 8 WEEKS

Commences Tuesday October 8
Concludes Friday November 29

Term 2Winter Uniform



Weekly Rusiness Mrs Maree Harman



Tourism is a growing industry and has so many possibilities. St Joseph's College has introduced a new subject in 2019, called Tourism. Tourism is an Applied Subject and provides students with opportunities to examine the impacts of tourism, investigate career paths and employment opportunities available in the tourism industry and the interconnectedness of businesses associated with tourism.

To facilitate their learning, the Year 11 Tourism students visited Wellcamp (Brisbane West) Airport on Friday, 26 April 2019. The tour of Australia's newest airport brought tourism to life for the students and they could see first hand the operations and logistics of the airport. They were given a tour of the check-in area and heard background information on the history and vision of the airport. The plans for the inland railway were explained to the students and they were shown a model of this plan. We were given a unique opportunity to be part of guided tour that showed the students the behind the scene operations of the airport.

Tourism is a growing industry and is creating many job opportunities for these young future leaders in Tourism. It was a great day and we thank the staff at Wellcamp Airport for being so welcoming









Each week we would like to take the opportunity to introduce you to some of our new staff for 2019.



Name: Chrissy Dwyer

Teaching areas and year levels: Art (7, 10, 11) and Religion (8)

What excites you about learning? Discovering something new and putting it into practise.

What are you looking forward to as a teacher at St Joseph's? The Art Show. Experiencing the whole school events.

Favourite inspiring quote: "The effort you put in is the result you get". I made this quote up to help motivate my students.

What does this mean to you? This quote although doesn't mean you can't do better or won't do worse with the amount of effort you put in, but simply tries to encourage a 'give-it-a-go' and a 'do-your-best' attitude.

Uniform Shop

Trading Hours

 Tuesday
 7:30am - 10:30am

 Wednesday
 1:00pm - 4:00pm

 Thursday
 7:30am - 10:30am

Winter uniform is now available.

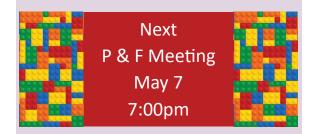
Online orders can be placed at www.midford.com.au

Pass Phase "StJC1956"

Out of stock

Boys junior tie – ETA next week Murphy bucket hat – S/S & L/XL – waiting on ETA Junior blouse – size 12 – waiting on ETA Boys formal hat – size S & XS – Expected Mid May





URGENT This matter requires IMMEDIATE ATTENTION

If you are interested in participating in the Safe Driver Program

Register NOW!!!

Currently we do not have enough students for this course to run at the discounted price of \$176.

Enrolment Forms can be collected from the front office.

Payment and forms must be submitted to the College

Office by Friday 31st May, 2019

If you have any queries regarding the Safe Drive:
Driver Safety Program please contact
Mrs Jan Lengren at the College on 4631 8500.



HOST FAMILY



REQUIRED

for students of
Shijonawate Gakuen High School from JAPAN
attending

St Joseph's College
22 JULY - 2 AUGUST 2019

- One student per homestay for 11 nights and the payment will be \$380
- Families are asked to provide all meals and a friendly home for their student
- Students will travel to and from school each day the same way as arranged for your own children (please provide transportation fee)
- The students are 15-17 years old
- 24/7 Japanese/English support provided by ISS
- All family members over the age of 18 will need Blue Cards (Volunteer, no cost) Please contact the school office if you don't have one.
- If you are hosting another Japanese student during group's stay, please refrain from becoming a host family for Shijonawate Gakuen students.
-

Please contact:

Ms. Maree Nunn (Japanese Teacher) to obtain a Host Family Application Form 4631-8500

Yoko Sugimoto (ISS – Study Tour Organiser) 3870-9114 / <u>operations@griffithiss.com.au</u>

Thank you



ありがとうございます

Canteen Roster

Mon	6	Public Holiday
Tue	7	Adul Lual
Wed	8	Jayne Sleba
Thur	9	Sarah Horton
Fri	10	Christina Geldard







English and Literature subjects, new QCE information for Year 11 parents

A reminder to Year 11 parents to watch and listen. Please click the link below.

https://www.youtube.com/watch?v=TZ1wJDBSXxI



Queensland Certificate of Education

Department Tutorials

Department	Where	Day	Time
Mathematics	Library	Wed	3.10 – 4:00 pm
Science	Library	Tue	3:20 - 4:00
Music Theory	Room 49	Wed	7:30 - 8:20 am
НРЕ	Room 2	Mon	Lunch Time
French, Drama, Geography, Japanese & Art	On Reques	t	

English Department Tutorial Roster

Week A	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Before School 7:30	Mrs Barton Library			Miss Unsworth Rm 21	
Lunch 1:15	Mrs Dignon Rm 48	Mrs Tobin Rm 3 Mrs Cockfield Library Mr Patterson Rm 53		Mrs P-B Rm 54 Miss Wighton Rm 101	
After School 3:10		Miss Hines Rm 20 Mr Critchley Rm 43	Miss Mischlewski Library Mrs Spain Library Mrs Moloney Rm 16		

Week B	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Before School 7:30	Mrs Barton Library			Miss Unsworth Rm 21	
Lunch 1:15	Mrs Dignon Rm 48	Mrs P-B Rm 54 Mrs Tobin Rm 3 Mrs Cockfield Library			
After School 3:10		Miss Hines Rm 20 Mr Critchley Rm 43 Mr Patterson Rm 53	Miss Mischlewski Library Mrs Spain Library Mrs Moloney Rm 16		

What: Monte Carlo Casino Night

When: Saturday, 11th May 2019

from 6:30pm to 10:30pm

Where: MacKillop Centre—St Joseph's College

Why: In aid of the Eurovision2020 History Tour

Cost: \$25

A light supper and a bar will be available.

If interested please contact

The front office or afellenberg@sjc.qld.edu.au



Music Tuition

For ALL instruments and voice Qualified and professional music tutors

Assorted fee structures - Immersion,
Fast-track, shared lessons (pairs
or trios) and individual.
Rotating lesson times each week
Enrolment forms are available on
the College Website or can be
collected from the Music Office

Theory class Thursdays 7.30am FREE

Rehearsal Times

Concert Band - Tuesdays 3:15 - 4:30pm String Ensemble - Monday 3:15 - 4:30pm String Quartet - Monday Lunchtime Girls' Choir - Thursdays 3:15-4:00pm Chamber Choir - Thursday 4:00 - 4:30pm Boys Choir - Wednesday 3:15 - 4:15pm Junior Band - Monday Lunchtime Junior Choir - Tuesday Lunchtime Jazz Ensemble - Thursday Lunchtime Guitar Ensemble - Monday 8:15 Brass Ensemble - Friday 8:15am

Library

Opening Hours

ONTE CARLO NIGHT

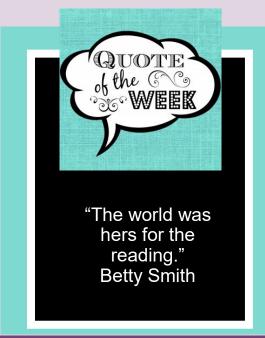
	Mon	Tue	Wed	Thur	Fri
Before School From 8.10am	<	<	<	<	>
М Теа	>	>	>	>	>
Lunch From 1.40pm	<	<	X	<	>
After School Until 3.30pm	>	>	>	>	>

Monday - Library will be open until 4.00pm because of staff meetings, but Library staff will be unavailable after 3.15pm.

Tuesday - Library *may* be open until 4.00pm, because of Science Tutorial, but Library staff will be unavailable after 3.30pm.

Wednesday - Library will be open until 4.00pm, because of Mathematics Tutorial, but Library staff will be unavailable after 3.30pm.

Thursday - Library *may* be open until 4.15pm, because of Accounting Tutorial, but Library staff will be unavailable after 3.30pm.





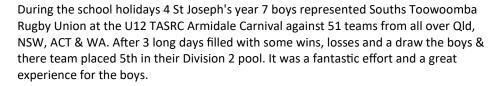






Sports Department
Miss Debbie Newton

Rugby Union





Well done to Joshua Wyatt, Oscar Meara, Oliver Gregson and Dylan Stephens

Darling Downs Representatives

Congratulations to Chelsea Hollist and Charlie Jensen who have been named in the 12 years Darling Downs Hockey teams after the trials on Tuesday afternoon. We also congratulate Pypah Ferguson on her selection in the 12 girls Netball team to play in Bundaberg in June. Congratulations also to Oliver Gregson for making the Darling Downs 12 years Touch. We certainly have some wonderful sporting talent here at St Joseph's College.

Cross Country

Wednesday May 8, Kearneys Spring

The annual College Cross Country will take place next Wednesday. All students are expected to be in attendance to either walk the event or run for their House. All students who compete receive points for their House as well as age championships.

Preparation for the Event

Drink plenty of water leading up to the event not just the day of the carnival. Drinking soft drinks is not suitable hydration. Be careful drinking milk as it may make you very sick. On the day of the event continue to sip water throughout the morning as you do not want too much water in your stomach when you go to run as it can cause a stitch. Rehydrate after the race to ensure you keep your water levels up.

Be careful when you eat as this can also create digestion problems – eat a large breakfast of foods that are slow energy releasing – rolled oats, toast etc so that the food is digested before you run. Be sure to have some food available when you have finished running to replace energy stores.

Wear appropriate shoes so that blisters do not prevent you from running. Tie your shoe laces in double knots so that they do not come undone. Running in jumpers or tracksuits is inappropriate as your body will get too hot and distressed – wear your sports uniform. Make sure you put plenty of sunscreen on and apply at least 30 minutes before you compete.

Race times and events

8:30 am	Parents to drop Students at Kearneys Spring (students will be bussed to and from the venue as required)		
	(studen	its will be bussed to and from the venue as requi	ireu)
9:00 am	Race 1	12 and 13 years boys and girls	3kms
9:30 am	Race 2	14 years boys and girls and 16 years girls	4kms
10:00 am	race 3	15 years boys and girls and 16 years boys	4 kms
10:30 am	Race 4	Open boys and girls	4 kms
11.30am	Parents	may pick up student from the venue. Any stude	ents leaving from
the venue will re	equire a i	note on the day. Where needed, buses will retu	rn students to
the college for s	upervisio	n, to catch buses after school or until parents ar	rive.



TPSSA 10-12 Years Cross Country Course - Kearney Springs, Ruthven Street, Toowoomba



General Information

- 1) The course will be flagged and markers will also be used. The white arrows note the course direction.
- 2) An official will be stationed at each of the numbered locations as seen on the map and will be in phone contact at all times.
- 3) Spectators are requested to remain behind the spectator barrier as indicated by the dotted white line on this map. No spectators will be allowed onto the course once competition commences
- 4) Water stations will be placed on the course if the weather requires it for multi lap events just past the start line at the commencement of the second and third lap where applicable

St Joseph's Event Planner

DAY	DATE	EVENT		
Monday	6 May	Labour Day Public Holiday		
Tuesday	7 May	P & F Meeting 7pm		
		DD Cluster Day 4		
Wednesday	8 May	Parent/Teacher Interviews 1:15pm - 6:30pm		
Thursday	9 May	Toowoomba Vocal Eisteddfod		
		Year 11 Geography Field Trip (Burleigh Heads)		
Friday	10 May	Year 9 & 10 Navigating Numeracy (all day)		
		Toowoomba Vocal Eisteddfod		
		Year 11 Geography Field Trip (Burleigh Heads)		
		Year 11 Legal Studies Excursion (Brisbane)		
Saturday	11 May	Toowoomba Vocal Eisteddfod		
Sunday	12 May	Toowoomba Vocal Eisteddfod		
Monday	13 May	Toowoomba Vocal Eisteddfod		
		Golden Glove Softball		
		Year 8 Literacy Immersion (all day)		

Absentees

If your child/ren are absent please notify the College before 8:30am by either phoning, **4631 8500 or** emailing, **office@sjc.qld.edu.au**.

St Joseph's College Toowoomba 54 James Street (PO Box 577) Toowoomba

Email: office@sjc.qld.edu.au

Phone: 4631 8500 Fax: 4631 8599

Website: www.sjc.qld.edu.au



