

# Newsletter 2019

April 5 2019  
Term 1 Issue 10

Dear Parents and Caregivers,

## PREPARE YOUR CHILDREN FOR THE ROAD, NOT THE ROAD FOR YOUR CHILDREN

We learn best when we get out of our comfort zones. Teachers know that they must always pitch their lessons at the zone of proximal development. If they teach what children can already do, then the lesson is boring. If they teach what is too difficult, then learners switch off. We need to always stretch ourselves. "A man's reach should exceed his grasp." - Robert Browning. Society talks a lot about wanting to make this generation more resilient. However, it seems that what we are doing is not working. Rates of anxiety disorders and depression are rising rapidly among teenagers.

In a recent book by Jonathan Haidt and Greg Lukianoff called "*The Coddling of the American Mind*," I learned about Nassim Taleb who invented the word 'antifragile'. This word describes systems that gain from shocks, challenges and disorder. Our biological immune system is an example: it *requires* exposure to certain kinds of germs and potential allergens in childhood in order to develop its full capacity. We have all learned in the past few years that the observed rise in allergies in children has resulted from them not being exposed to certain kinds of germs and potential allergens in their infancy. It seems our immune system needs these learning experiences to develop its maximum protective capacity. But what about the development of our social and emotional abilities?

Jonathan Haidt says; "Children's social and emotional abilities are as antifragile as their immune systems. If we overprotect kids and keep them 'safe' from unpleasant social situations and negative emotions, we deprive them of the challenges and opportunities for skill building they need to grow strong. Such children are likely to suffer more when exposed later to other unpleasant but ordinary life events, such as teasing and social exclusion."

Many authors on this topic blame the rise of cable TV and the Internet that made parents of the 1980s and 1990s more fearful of exposing their children to what looked like a dangerous world. But in fact, the world is far safer now than ever; it is just that the 24/7 media reports "if it bleeds, it leads" stories to a generation glued to social media. The result of this is that for children, outdoor play and **independent** activities have decreased, and screen time and adult-supervised activities increased. Who would allow their students to roam the streets and "be back in time for dinner" as any of us over 45 were allowed to do?

Sadly the opportunities for free play where kids come up with the rules of engagement, take small risks and learn to cope with some minor dangers have diminished, but these experiences are **vital** for social development.

Clearly, we should always remove physical and moral dangers from our communities, but we also have to grow our children to roam life's road without us. And there are dangers on the road in every hero's journey. Some challenging activities which extend the student and build their self-esteem are vital. It may be stressful at the time, but it builds strong bones. We do not want to stunt the growth of young people by depriving them of the wide range of experiences they need to become strong and resilient.

*We should prepare our children for the road, not the road for our children.*

This week's reflection:

John 8:12

*I am the light of the world, whoever follows me will never walk in darkness but will have the light of life.*



Mr Nicholas Lynch  
Principal



Let's create your best  
future, together.



*We acknowledge the traditional custodians of this land, the Jarowair and Gaibal people and show our respect for their ancestors and traditions.*

## Breakfast Club

### Roster 2019

Date	PC	Teacher
April		
24	A2	Sophie Unsworth and Luci Harris
May		
1	A5	Jenny Stead & Natalie Wright
8	A7	Janet Reed
15	A8	Megan Scott
22	A6	Bridget Hines
29	A4	Anita McMartin

A massive thanks to Brooke Clark, April Raymond and Ms Unsworth who distributed Easter eggs to the staff and students of Clifford Park Special School. These members joined with students from B7, Mrs Clark and Mr Canning to serve Breakfast and distribute the Easter eggs. It was a very special way to end the Term. Next Term McAuley House is rostered on for Breakfast Club and you will find the new roster for Term 2 in the Newsletter each week. This is a wonderful service activity for our students to participate in.



PA to Assistant Principal - Mission  
Miss Tamika Robinson

#### Reflection

### Seasons of the Heart by Macrina Wiederkehr, O.S.B.

#### A reading from St Paul's Letter to the Philippians

In your minds you must be the same as Christ Jesus: his state was divine, yet he did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as we are, and being as all humans are, he was humbler yet even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as lord, to the glory of God the Father

#### Philippians 2:5-11

We search for a God we can touch. In our longing for such a God we often create false gods who seem not so demanding. As we come to understand our Christian call, we are able to see more clearly that the middle road makes little sense and is often nothing more than apathy. Either Jesus is Lord of our lives or he is not. The middle road is, perhaps, the most dangerous road of all.

The God I was trying to love  
Was too demanding  
And so I looked for other gods  
Who would ask less of me  
And in unconveted corners of my heart  
I found them  
Waiting to be adored  
Asking nothing of me  
Yet making me a slave  
Possessions, recognition, power"  
I bowed before them but my  
hunger only deep end.

But my God never lost sight of me  
And in that, lies my salvation  
For in one desperate moment  
Smothered by gods who couldn't  
save me  
I prayed for a God who would  
Fill my lies with truth  
I prayed for A god who would  
Expect something of me,  
A God who would be too living  
And too demanding  
To be patient with my false gods  
anymore.

God heard my prayer.  
He loved me  
And He gave me back to myself.

### Lenten Liturgy and Reflection

Thank you to Miss Ford, Mr Fitzpatrick and Miss Ford's Year 8 Religion class for the very reflective Lenten Liturgy they prepared and presented to the whole school on Wednesday. Liturgies such as this take a lot of preparation and practices to be able to deliver such a polished presentation and we greatly appreciate the effort that both Miss Ford and Mr Fitzpatrick went to, to prepare for this event.





## Rosies

Thank you to Ms Bolton, Ms Price, Miss Unsworth, Tim Fels, Luke Scullett-Dean, Hamish McIlveen, Eloise Young and Isabella Munoz for attending the April Rosies BBQ at Harlaxton. We had such a wonderful response from our Year 12 students this month and it was great to see so many willing to participate in this outreach. There were many thankful patrons for your generosity.



## Achievement Through Basketball Program

After much planning and rescheduling, our College Achievement Through Basketball Program will kick off in Term 2. Parents, please check your emails over the break for communication from the College regarding times and venues for the sessions. Anyone wanting to obtain a form to enrol, or would like further information, please contact Ms Bolton- [jbolton@sjc.qld.edu.au](mailto:jbolton@sjc.qld.edu.au)

Congratulations to all our basketballers and coaches on their Term 1 Friday Night Basketball success.



DON'T  
FORGET

### Reminder for Year 10 students:

Please remember to organise your  
**Work Experience  
Placements.**

The upcoming holidays may be a great opportunity to approach some organisations.

Work Experience Agreements need to be returned by Friday 3<sup>rd</sup> May.



**Term 2 Commences**  
**Tuesday April 23**  
Winter Uniform





Deputy Principal  
Miss Tania Gallen

Images of beauty in our lives can be *footholds into truth*. They can be hard to grasp and understand and sometimes they are fleeting and illusive. Rowan Williams writes:

*When we move with poetry and the imagination,  
when we deal with symbols and images,  
we become people  
who are happy with mystery  
and open to discovery.  
To deepen the mystery,  
to embrace complexity is risky.  
We need to have courage  
enough to be ready to go deeper  
which can be a startling process.*

Images give strength to our understanding and thoughts. They give us points of memory and contact in our daily life and help us face our difficulties as they arise. I believe that we all have images we cherish – sometimes in our mind's eye and sometimes through an object or photograph. These do not become in themselves an object of worship, but they remind us forcibly of the goodness that they have inspired and the encouragement they can give.

I hope that this Easter holiday, provides the space for our students to take the time to reflect upon Term One. To genuinely reflect on their application, motivation and determination towards all aspects of their learning. The School *Interim Progress Report* is the ideal time for students to check in with learning. Progress implies that this is a point in time indication of learning.

To support an understanding of progress, I wish to use the analogy of a marathon runner. At different points along the 42 kilometres, a runner will be given feedback on their progress which is revealed in time checks. It is critical that a runner paces the course to ensure enough energy is in the tank to be able to cross the finish line. In connection with learning; Term One serves as a checkpoint for this academic year. I would like to encourage our students to take the time to review, refine and redirect. This in turn should allow time to consider goals and plans for the term ahead. Take the time to identify what learning habits are bringing you success and what might be holding you back. We encourage each student to be the driver of their own learning.

## REMINDER FOR SAFETY & RESPONSIBLE THINKING

**Failure to attend to these expectations will result in  
confiscations and / or detentions**

- **BAGS** are not to be carried around the College. Store in lockers, beside or on top.
- **LOCKERS** are to be secured with a lock.
- **EARRINGS.** One pair only. Additional pieces that can't be removed **must be covered**. Any additional earrings will be confiscated and returned at the end of the Term.
- **CROSSING MACKENZIE STREET** should occur at either the lights or the island closest to James St, where a teacher is present.
- The **STAIRS** leading to the Administration block are to be kept free for visitors and access to the College. Please do not congregate in the morning and afternoon. This is a safety hazard for people using the stairs.





## Acting - Assistant Principal - Innovation & Operations Mrs Emily Whiting

Never have humans experienced a time of such unprecedented and rapid change. Disruption is our new norm. We are afforded immense freedoms and creativity to embrace new changes, coupled with the need to work hard to navigate and negotiate our on and offline identities. We grapple to find a balance between our 'real' lives and being slaves to our devices. It is an increasingly complex world, socially, environmentally and politically. For your son or daughter to cope and succeed, it is vital for them to find a true and strong sense of self and maintain an innate core of anti-fragility, strength, purpose and most importantly, hope.

On Thursday 4<sup>th</sup> April, our Year 12 boys engaged in the 'Men of Honour' program at the College. This social and emotional well-being program presented an opportunity for discussion between the Year 12 boys and their mentor, Glen Gerreyn; the aim to help develop a greater sense of self-regulation. The Men of Honour workshop highlighted the power of an individual's choice in the areas of exercise, nutrition, money, relationships, and risk taking. It explored the portrayal of men in society, perpetuated by the media, and the subsequent effects on male identity and behaviour. It exercised core skills and cultivated characteristics that are proven to strengthen resilience and positive mental health. A key focus emphasised the power of mentorship from honourable men that young boys require and should seek out.

Similarly, our Year 9 and 10 boys participated in the 'Hope Accelerated' workshops. This program highlighted and clearly explained key concepts such as grit, emotional intelligence, strengths, optimism, empathy, courage and hope. Hope Accelerated provided a platform for discussion regarding these character strengths and formed a foundation on which students can build a hope-filled future. It developed an understanding of the effects that external influences and personal cognitions have on the individual. By encouraging critical thinking, Glen Gerreyn provoked students to counteract negativity and make informed, healthy choices. Hope Accelerated complimented our focus themes in *You'll Never Walk Alone* to support our school's positive psychology and wellbeing initiatives.









## USQ Update

### USQ Student Experience Days

Registrations are now open for Student Experience Days. Year 11 and 12 students can register their attendance in their preferred study areas with registrations closing on Thursday 2 May 2019.

#### USQ Toowoomba

Date: 30 May

[Register now](#)

**Please note, Year 12 students should not register as they are required to attend the St Joseph's College Retreat.**



### Bond University Update

#### Health Simulation Experience in 2019.

St Joseph's College has been chosen amongst a limited list of schools who will have access to this opportunity.

Essentially, St Joseph's College has the opportunity to send three high performing year 11 or year 12 students studying science and interested in a career working in **Biomedical Science, Exercise Science or Healthcare** to partake in the simulation experience. **Students who have an interest in health sciences but are not too sure what pathway to pursue are an ideal candidate for this event!**

The experience will take place on **Saturday the 22<sup>nd</sup> of June on campus at Bond University**. Further details to follow.

If there is enough interest from the Toowoomba region a bus service to and from campus may be provided to make it easier for students.

Please let me know if you require any further information.

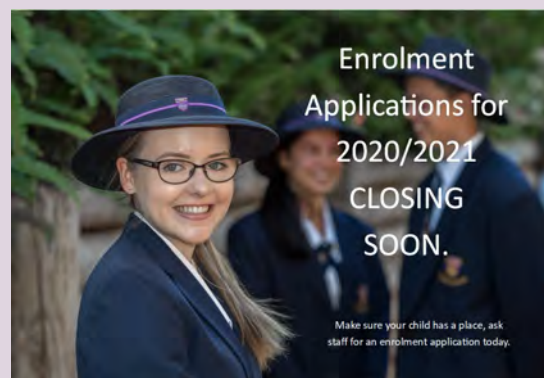


#### CATCH UP CLINIC DATES AT OZCARE

Location: 10 Pechey Street, Toowoomba  
Please call (07) 4639 7888 to book an appointment time

#### Dates:

Wednesday 10 <sup>th</sup> April	3.00pm -4.00pm
Tuesday 7 <sup>th</sup> May	3.30pm – 4.15pm
Tuesday 28 <sup>th</sup> May	3.30pm – 4.15pm
Wednesday 12 <sup>th</sup> June	3.00pm – 4.00pm



College **Office** will be

**CLOSED**

Week 2 of Easter Holidays

April 15 - 19

For EMERGENCIES ONLY  
please call 0407 437 668

## Slavery-Free Easter



### Be a Good Egg This Easter

Slavery-free chocolate tastes delicious. Apart from the great taste, it also means that no enslaved child has been used in the production of the chocolate.

You can buy slavery-free chocolate in big supermarkets and smaller shops. The easiest way to tell if your chocolate is slavery-free is to check if it has one of these commonly used certification symbols on the wrapping:



Here's some slavery-free chocolate suggestions for Easter:

- ALDI has lots – check out their stores
- OXFAM – hmmm it's DIVINE!
- Haighs – might cost a bit more but it's yum
- Alter Eco – in some stores and worth the looking
- Chocolatier – one of the early slavery-free makers in Australia
- Green and Black's – yes please
- OR check them all out and do a personal rating!



You can try some of the big supermarket chains for slavery-free chocolate.



#### Why

Children as young as 12 years old are picking cocoa beans in West Africa that are used in the chocolate we eat. Some of these children are trafficked and taken away from their families. Most are forced to pick cocoa from an early age for low, or no wages, for long hours, in dangerous working conditions and without any possibility of attending school.

Most of these children will never taste chocolate.

#### Spread the word

There's lots of information around about slavery-free chocolate. To make it easy to go slavery-free we have put together some material that you can use to learn more and to tell others, including:

- [Weekly Notices](#) – small, and to the point for your workplace, school church or family fridge
- [ACRATH's education resources](#)
- [A Matter of Taste](#) – information about slavery-free chocolate, the slavery-free certification program, the need for a living wage for cocoa farmers and the treatment of children in chocolate production
- [FAIRTRADE Australia New Zealand](#) – lots of great information about chocolate products
- [ACRATH's 2019 news release](#) – use it to spread the word.

#### Consumer power works



Chocolate

Fifteen years ago there was almost no slavery-free chocolate available in Australia. Now it is in most shops, sitting near the other chocolate and easy to find.

#### Get on trend

Join with millions of people around the world who happily now buy and eat only slavery-free chocolate. So do three things:

1. Buy only slavery-free Easter chocolate
2. Talk about slavery-free chocolate – tell five friends or family members that you have converted to slavery-free chocolate
3. Use the [short bulletin notices](#) to help spread the word.

## SJC TERM DATES

**Term 1 10 WEEKS**  
Commences Monday Jan 29  
Concludes Thursday April 4

### EASTER BREAK

**Term 2 10 WEEKS**  
Commences Tuesday April 23  
Concludes Thursday June 27

### JUNE/JULY BREAK

**Term 3 10 WEEKS**  
Commences Monday July 15  
Conclude Thursday September 19

### SEPTEMBER BREAK

**Term 4 8 WEEKS**  
Commences Tuesday October 8  
Concludes Friday November 29



Keep an eye out for an email to  
**VERIFY/UPDATE YOUR FAMILY  
PROFILE**

It will arrive titled  
**ST JOSEPH'S COLLEGE TOOWOOLA.**

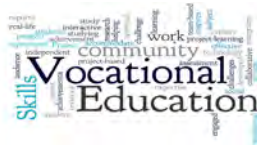
Please take the time to read carefully and  
update your information.

Please contact the College Office if you have  
any questions. 4631 8500





## Vocational Education Mrs. Angela Masters



### New School Based Trainee

Laurence Profke at Middle Ridge Family Practice, Certificate III in Business Administration.



### New School Based Apprentice

Samuel Apel, Certificate III in Light Vehicle Mechanical at West Star Motors



## CERTIFICATE III IN BUSINESS School Based Traineeship



Year Level  
10 and 11



Workday  
Mondays



Work  
Experience  
required?  
Yes

Oakey Craft and Saddlery has a vacancy for a School Based Trainee to undertake a Certificate III in Business.

Applicants should have a high level of customer service skills, as well as being enthusiastic and motivated. The successful applicant will learn how to perform a range of tasks, including assisting customers with their product knowledge and using point of sales systems.

*If you would like to apply for this position, please contact your Career/VET Co-ordinator.*

*Kindly Supplied by Busy at Work*

Vacancy Number: 14/19

Close Date: 30 April 2019



**SBA PROGRAM**  
Building Confidence by Partnership  
Through School Based Apprenticeship

ADDRESS 29-33 Lawrence Street, Toowoomba Qld 4350  
PHONE 07 4687 4350 FAX 07 4687 4399  
EMAIL [sba@twb.catholic.edu.au](mailto:sba@twb.catholic.edu.au)  
WEB [www.twb.catholic.edu.au](http://www.twb.catholic.edu.au)

## MRAEL School-Based Traineeships and Apprenticeships in Toowoomba:

- School-based Hospitality Trainee – Chinese Restaurant
- School-based Hospitality Trainee – Jilly's Café
- School-based Apprentice Butcher – Uni Plaza Meats

Students can apply by creating a recruitment profile with MRAEL here:

<https://aasn.com.au/index.php/jobseekers/apply-for-an-apprentice-or-trainee-vacancy>

Once they have completed this, they can then apply for the positions of interest.

<https://aasn.com.au/index.php/jobseekers/view-current-apprentice-and-trainee-vacancies>

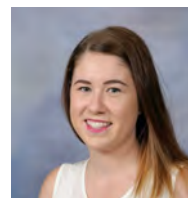
Please advise Ms Masters if you apply for any positions. Year 10 students require principal approval.





# Weekly FOCUS

Home Economics  
Miss Jessica Skinner



## Home Economics Department Happenings

The school year has begun, and our College kitchens and textiles room have been put to good use already.

### Food

Year 7 students have been building practical skills in the kitchen and from the smells wafting through the school have been a great success. Some goodies which have been prepared include milkshakes, mini pizzas, mini quiches, wraps, egg baskets, toasty treats, pasta bakes and hamburgers. Students have been working on their design thinking skills where they were able to generate ideas to create slice designs of their choice. We had some very interesting creations leaving the kitchen. Next term the Year 7s will be introduced to textiles.

Year 9 students in HEB having been budding chefs in the kitchen where they have catered for the Senior College House Morning Teas where we had more sausage rolls than we could handle. This was an excellent chance to practice our precision cuts and measuring. Creative designs were generated and produced with the garnishing techniques learnt throughout the term. At the end of the term students celebrated their newly learnt skills and topics by holding a High Tea.

Year 9 students in HEA have been learning how to best look after themselves with the foods they choose to eat. Students investigated the essential role of nutrients in the body and the best sources of food to supply the adolescent body. Each food group was explored with various recipes being created. Some recipes produced were Breakfast Tarts, Fried Rice, Custard, Pesto Pizza, Chicken Caesar Salad, Trail Mix Bars, Berry Turnovers, and Vegetarian Cous Cous.

Year 12 students in Home Economics have been building on their knowledge about nutrition for Australians. Students have explored nutrition related disease and using recipe modification to alter recipes to better meet the needs of individuals with by addressing specific concerns.

Year 11/12 Hospitality students were lucky enough to have a local visiting chef, Mark White come to their class. The students learnt to de-bone pork belly and created Asian Pork Dumplings with their newfound knowledge. Students also have been completing industry experience by holding Breakfast Cafes for fellow students and staff of the College. The Year 11 students gained an insight into what it takes to set-up and cater for functions by assisting for this years College formal.

### Fibre

Year 10 students in HED investigated embellishment techniques. Students used their learning to uniquely embellish a basic cushion cover with their own personal style. Each student generated distinctly different ideas and produced an exciting cushion they can call their own. What a creative bunch they are.



Textiles has grown this year with the exciting new subject 'Fashion' on offer for the Year 11 students. The Fashion class have been investigating the history of fashion, the fashion cycle and current trends. Students were able to build and practice their sewing skills by learning about sewing patterns and how to use them to create their own Summer pyjama set.





# Welcome

## TO OUR NEW STAFF!

Each week we would like to take the opportunity to introduce you to some of our new staff for 2019.



Name: **Paula White**

Teaching areas and year levels: 2019 Japanese Year 7 – 9, Religious Education Year 7

What excites you about learning? Learning is continuous, ever changing, it encompasses all areas of life.

What are you looking forward to as a teacher at St Joseph's? Developing positive relationships with students and staff, becoming part of the 'community'

Favourite inspiring quote: 'Shoot for the moon, even if you miss it you will land among the stars'.

What does this mean to you? Never give up, we all have unique and special gifts

## Winter Uniform

Winter Uniform is to be worn from Tuesday the 23 April, this can be discretionary if the temperature is above 25 degrees for the first week of term. If the temperature is under 25 degrees full winter uniform must be worn.

### College ANZAC Day service

Wednesday April 24 9:50am Formal Uniform



## Uniform Shop

### Trading Hours

Tuesday	7:30am - 10:30am
Wednesday	1:00pm - 4:00pm
Thursday	7:30am - 10:30am

Winter uniform is now available.

Online orders can be placed at [www.midford.com.au](http://www.midford.com.au)

Pass Phase "StJC1956"

The uniform shop is currently Out of Stock of the following:-

- Boys formal hat – S & XS– ETA next week
- S/S Jnr blouse – 12 & 6 – waiting on ETA
- Murphy Bucket hats – S/S and L-XL
- Junior boys tie – waiting on ETA

## CONFRATERNITY SHORTS AND SOCKS WILL NOW BE SOLD FROM THE UNIFORM SHOP



## Holiday Trading Hours

St Joseph's College Uniform Shop will close for the school holidays on Thursday 4th April at 10:30am.

Term 2 holiday trading hours

Wednesday 17th April	9:00 am to 4:00 pm
Thursday 18th April	9:00 am to 4:00 pm
Tuesday 23rd April	7:30 am to 12:00 pm
Wednesday 24th April	12:00 pm to 4:00 pm
Thursday 25th April	Closed

The uniform shop will return to normal hours on Tuesday 30th April.

Throughout the school term our opening hours are:

Tuesday	7:30 am - 10:30 am
Wednesday	1:00 pm - 4:00 pm
Thursday	7:30 am - 10:30 am

Please contact the uniform shop:

Phone: 07 4631 8514  
Email: [sjct@midford.com.au](mailto:sjct@midford.com.au)

**midford**  
makers of fine  
SCHOOL  
UNIFORMS

Midford is a division of Georges Apparel Pty Limited  
75 Ashford Avenue, Milperra NSW 2214  
P: 02 8708 1300 F: 02 8708 0012 W: [www.midford.com.au](http://www.midford.com.au) E: [retail.info@midford.com.au](mailto:retail.info@midford.com.au)



**Sports Department**  
**Miss Debbie Newton**

## Friday Night Basketball Finals

### Year 7/8 Girls

It was a great night for St Joseph's College, with our success in taking out the Girls Champion School Trophy.

The Year 7/8 girls played confidently and with real passion to achieve a big win of 48 to 28 points against Centenary High School. Congratulations to Jorja Bolton for her coaching expertise.

The following students were particularly outstanding in their performance:

Abuk Aleer led the scoring for us putting away 14 points. Thryfene Muteba and Tiarnee Smith managed 8 points each, Nancy Daniel and Angel Muor both had 6 points against their name. Abang Ayuel put four points in the ring and Rebecca Scott scored the last two points of the night.

We hope they will all continue to play for the AAG Positive Choices games at the end of the year and will continue to play next year.

### Open Girls

The Girl's played with great energy and determination against St Ursula's and did not give up for one moment. St Joseph's College finished second for the third year in a row; congratulations!

### Open Boys

This was a most exciting game! Right up until half time at 20 to 22 in favour of TGS; it was still anyone's game. Both sides were shooting 3 pointers with ease as there was very little chance of moving through the key to score. Unfortunately for St Joseph's, the third quarter was the moving quarter for TGS and our boys ran out of legs. They out played us 24 points to 9, with a very similar final quarter 24 to 11. At no stage did the boys ever give up and fought right through to the final hooter finally going down 40 points to 70. This was a very gallant effort by all.

Deng Makuach top scored with 17 points, with 4 three pointers being scored in those points. Rei Owen and Ben Nugent posted 7 points each, Jeremy Dagg shot a 3 pointer and Patrick Roche, Taro Hove and Akol Makuach all scored 2 points to round out our 40 points.







## Queensland School Sport Swimming

Sienna Deurloo swam a very challenging program and the state titles:

100m Backstroke – finalist 9<sup>th</sup> place

200m backstroke – Timed final placed 8<sup>th</sup>

200m Freestyle – placed 12<sup>th</sup>

400m Freestyle – Placed 13<sup>th</sup>

200IM – placed 13<sup>th</sup>

50m Backstroke – placed 14<sup>th</sup>

100m Freestyle – placed 21<sup>st</sup>

50m Freestyle – placed 27<sup>th</sup>

4 X 50m Freestyle Relay – placed 6<sup>th</sup>

4 X 50 m Medley Relay – placed 6<sup>th</sup>

She also competed in the 800m Freestyle 13 – 19 years Open Event and placed 15<sup>th</sup>. This was a state event so these were great times and a great effort.

I am also pleased to share the following results with more to come in upcoming newsletters:

**Matt Smith**

50m Breaststroke – placed 4<sup>th</sup>

100m breaststroke – placed 8<sup>th</sup>

Medley Relay – placed 3<sup>rd</sup>

Freestyle Relay – placed 6<sup>th</sup>

**Romey Weimers**

50m breaststroke – placed 5<sup>th</sup>

100m breaststroke – placed 10<sup>th</sup>

**Isabella Casagrande**

50m freestyle – placed 37<sup>th</sup>

100m butterfly – placed 28<sup>th</sup>

200m freestyle – placed 28<sup>th</sup>

100m Freestyle – placed 24<sup>th</sup>

Freestyle relay – placed 7<sup>th</sup>

**Emily Lewis**

50m Freestyle – placed 25<sup>th</sup>

50m Backstroke – placed 7<sup>th</sup>

Freestyle Relay – placed 5<sup>th</sup>

100m Breaststroke – placed 5<sup>th</sup>

100m freestyle – placed 19<sup>th</sup>

## Darling Downs Representatives

Congratulations to the following girls who have a place in the girls under 15 Darling Downs AFL team:

Sarsha Coll, Sydnie Coulston, Brittany Ladu and Jessica Grutt.

Well done to them all as there was over 35 girls who were competing for a position in this team.

## Term 2 Sport

Students will be sent an email that enables them to select sports for Term 2. Obviously with events like the Bill Turner Cup (9<sup>th</sup> May), AFL Queensland All Schools Cup (17<sup>th</sup> May), Rugby League and Netball trip to Dalby, all coming up, students should be selecting these sports for their sport option on a Wednesday afternoon.

Sport dates for this term are: April 24<sup>th</sup>, April 15<sup>th</sup>, 22<sup>nd</sup>, and 29<sup>th</sup>.

Our annual Cross Country will be held at Kearney Spring this Term on May 1<sup>st</sup>. Students will be bussed to and from the venue.

The program details will appear in the next newsletter.

Parents/guardians this is not a day off for students but rather a day of inclusion for students to be part of house activities and show their pride in their house colours. All students receive points for competing, with Rice house trying to hold onto the overall trophy from last year.

Students need to have a good morning tea and bring lunch with them as very little food will be available at the venue. Items such as phones and Ipods etc would be best left in lockers to prevent loss of such items on the course.

Parents are most welcome to attend the day as spectators and cheers on the students as they compete.

## Darling Downs Trials

Trials dates and sports coming up in Term 2 are:

- 13 -15 years boys and girls Basketball trials May 7<sup>th</sup> with nominations closing 23<sup>rd</sup> April.
- 14/15 years and 16/18 years Girls Rugby League held at Highfields on 28<sup>th</sup> May. Nominations close 21<sup>st</sup> May.
- 10 – 19 years Cross Country May 21<sup>st</sup> being held at Highfields Sport and Recreation Park. Nominations close 13<sup>th</sup> May. As this is a new course a training day is being held on April 7<sup>th</sup> at 8.00am. for all those interested.
- The 10 – 12 years Cross Country trials are being held on May 3<sup>rd</sup>. The state championships are being held here in Toowoomba, so it is a great opportunity for students to make the team.
- 10 – 12 years Football (Soccer) trials are being held on May 1<sup>st</sup>.
- 10 – 19 years Orienteering trials are being held on May 7<sup>th</sup>.
- The Karen Murphy Rugby League Cup is being held at Highfields Sporting Complex on May 24<sup>th</sup> for interested girl rugby league players. The can only play if training is being completed but can certainly nominate as individual players if we do not have teams.

All nominations are through Miss Newton so please feel free to contact me if you are not certain about these procedures.

There has also been an invitation sent to us for any Aboriginal and/or Torres Strait Islander Rugby League players who would like to be considered for selection in a 15 years Indigenous Invitational Team to compete for a position in the Australian Secondary Schools Rugby League Championships. These are being held at Redcliffe from 30<sup>th</sup> June to 5<sup>th</sup> July. Please see if me if anyone is interested.

# URGENT

This matter requires  
**IMMEDIATE  
ATTENTION**

If you are interested in participating in the  
**Safe Driver Program**  
**Register NOW!!!**

Currently we do not have enough students for this  
course to run at the discounted price of \$176.

Enrolment Forms can be collected from the front office.

Payment and forms must be submitted to the College

Office by **Friday 31<sup>st</sup> May, 2019**

If you have any queries regarding the Safe Drive:

Driver Safety Program please contact

Mrs Jan Lengren at the College on 4631 8500.

## Canteen Roster

Mon	22	Easter Monday
Tue	23	Toni Burton
Wed	24	Park Sangran
Thur	25	ANZAC DAY
Fri	26	Maureen McIntosh



## HOST FAMILY REQUIRED

for students of  
Shijonawate Gakuen High School from JAPAN  
attending

**St Joseph's College**  
**22 JULY – 2 AUGUST 2019**

- One student per homestay for 11 nights and the payment will be \$380
- Families are asked to provide all meals and a friendly home for their student
- Students will travel to and from school each day the same way as arranged for your own children (please provide transportation fee)
- The students are 15-17 years old
- 24/7 Japanese/English support provided by ISS
- All family members over the age of 18 will need Blue Cards (Volunteer, no cost) Please contact the school office if you don't have one.
- If you are hosting another Japanese student during group's stay, please refrain from becoming a host family for Shijonawate Gakuen students.

Please contact:

Ms. Maree Nunn (Japanese Teacher) to obtain a Host Family Application Form  
4631-8500

Yoko Sugimoto (ISS – Study Tour Organiser)  
3870-9114 / [operations@griffithiss.com.au](mailto:operations@griffithiss.com.au)

Thank you



ありがとうございます

**ST JOSEPH'S COLLEGE TOOWOOMBA**  
PROUDLY PRESENTS

Disney

# HIGH SCHOOL MUSICAL 2

**ON STAGE!**

BASED ON A DISNEY CHANNEL ORIGINAL MOVIE

**THURSDAY 6 JUNE 7PM**  
**FRIDAY 7 JUNE 7PM**  
**ARMITAGE CENTRE**

**STUDENTS • \$5**  
**FAMILY • \$20**  
**BOOK TICKETS AT EMPIRE THEATRE**

Licensed exclusively by Music Theatre International (Australasia). All performance materials supplied by Hal Leonard Australia



**What: Monte Carlo Casino Night**

**When: Saturday, 11th May 2019**

**from 6:30pm to 10:30pm**

**Where: MacKillop Centre—St Joseph's College**

**Why: In aid of the Eurovision2020 History Tour**

**Cost: \$25**

**A light supper and a bar will be available.**

**If interested please contact**

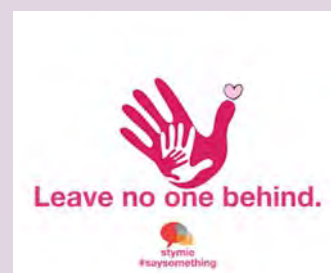
**The front office or [afellenberg@sjc.qld.edu.au](mailto:afellenberg@sjc.qld.edu.au)**

**MONTE CARLO NIGHT**



## Department Tutorials

Department	Where	Day	Time
Mathematics	Library	Wed	3:10 – 4:00 pm
Science	Library	Tue	3:20 - 4:00
Music Theory	Room 49	Wed	7:30 - 8:20 am
HPE	Room 2	Mon	Lunch Time
Accounting	Library	Thurs	3:15 - 4:15 pm
French, Drama, Geography, Japanese & Art	On Request		



### English Department Tutorial Roster

Week A	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
Before School 7:30	• Mrs Barton Library			• Miss Unsworth Rm 21	
Lunch 1:15		• Mrs Tobin Rm 3 • Mrs Cockfield Library • Mr Patterson Rm 53		• Mrs P-B Rm 54 • Miss Wighton Rm 101 •	
After School 3:10		• Miss Hines Rm 20 • Mr Critchley Rm 43	• Miss Mischlewski Library • Mrs Spain Library		
Week B	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Before School 7:30	• Mrs Barton Library			• Miss Unsworth Rm 21	
Lunch 1:15		• Mrs P-B Rm 54 • Mrs Tobin Rm 3 • Mrs Cockfield Library		• Mrs Moloney Rm 16	
After School 3:10		• Miss Hines Rm 20 • Mr Critchley Rm 43 • Mr Patterson Rm 53	• Miss Mischlewski Library • Mrs Spain Library		



## Teacher Librarians Mr. Chris Fitzpatrick & Ms. Lucy Burton



### Years 7 & 8 Parents Book Club

Who: Parents of Year 7 and 8 students

What: An opportunity to read and discuss the novel your Yr 7 or 8 child is reading for Term 2.

When: Week 2 or 3 of Term 2 (Actual dates and times to be decided)

Where: The Library

In Weeks 2 and 3 of next term, we are planning on running a number of book clubs based on the novels being studied in Yrs 7 & 8. This may provide you with an insight to the book, along with the opportunity to discuss it with your child and others.

While your child has the book, over the holidays, you may have the time/chance to read it. This would allow you to be familiar with the book, as well as developing opinions and questions.

If you would like to be a part of a book club that discusses the novel your child is reading, please email ([staff-library@sjc.qld.edu.au](mailto:staff-library@sjc.qld.edu.au)) preferably by 5 April, include:

- Your name
- Your child's class, eg, 7J, 8O, etc
- Whether a 4pm or 6pm time, to get together, would better suit you
- Any questions you have

Once we have the necessary details, we will let you know what best suits the majority of people for a date and time to meet, along with what might guide the discussions.



## Open Day

Tuesday 21 May, 2019

8:30am – 12pm

**Register now!**

07 4631 8500 | [office@sjc.qld.edu.au](mailto:office@sjc.qld.edu.au)

*Let's create your best future, together.*

54 James St, Toowoomba QLD 4350

[www.sjc.qld.edu.au](http://www.sjc.qld.edu.au)

## Library

### Opening Hours

	Mon	Tue	Wed	Thur	Fri
Before School From 8.00am	X	✓	✓	X	✓
M Tea	✓	✓	✓	✓	✓
Lunch	✓	✓	✓	✓	✓
After School Until 4.00pm	✓	✓	✓	✓	✓



*"Today a reader,  
tomorrow a leader."*

Margaret Fuller



# St Joseph's Event Planner

DAY	DATE	EVENT
Monday	8 April	College Office Open
Friday	12 April	College Office Closed 4pm (re-opens April 23)
Monday	22 April	Easter Monday Public holiday
Tuesday	23 April	Term 2 Commences - Winter Uniform
Wednesday	24 April	Assembly - ANZAC Day Ceremony (Formal Uniform)
		DD Rugby League 11-12yrs
Thursday	25 April	ANZAC Day Public Holiday
Friday	26 April	Year 11 Tourism Excursion - Wellcamp Airport
Saturday	27 April	DD Rugby League 11yrs & Boys 12 yrs
Monday	29 April	DD 10-12yrs Hockey, Netball, Rugby League
Tuesday	30 April	TSSS Cluster 4
Wednesday	1 May	Feast of Edmund Rice Mass 9:50am
		Cross Country 11:30 - 3:03pm
		Roses Outreach

## Absentees

If your child/ren are absent please notify the College before 8:30am by either emailing,  
**office@sjc.qld.edu.au**  
 or phoning, **4631 8500**.

St Joseph's College Toowoomba  
 54 James Street (PO Box 577)  
 Toowoomba  
 Email: [office@sjc.qld.edu.au](mailto:office@sjc.qld.edu.au)  
 Phone: 4631 8500  
 Fax: 4631 8599  
 Website: [www.sjc.qld.edu.au](http://www.sjc.qld.edu.au)

