

Newsletter

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From the Principal

Dear Parents and Caregivers,

Social media is becoming increasingly prevalent in our everyday lives with a variety of mediums (snapchat, Instagram, texting etc.). Whilst there are many positives where family members can keep in regular contact, family adventures are shared, and a greater contact with friends who have moved interstate or overseas, there is unfortunately a negative side which is becoming more prevalent. This is particularly true for our teenage generation, who may innocently start on social media but can get caught or bombarded by a web of inappropriate comments, images and online bullying.

As parents, we must be concerned by those negative influences on the wellbeing of our children. It is not surprising that there is a rise of mental illness amongst teenagers and these negative aspects of social media can only heighten their condition. The boundaries we as parents put in place for our children, the restrictions, monitoring and time access are important and sometimes necessary to protect our children from the various inappropriate content and images that can be inadvertently sent to them. Our children can easily be victims of inappropriate requests, or be sent inappropriate videos, photographs or online comments through no fault of their own. They may feel pressure to comply to requests, share images or inappropriate comments.

For parent information or help in these situations I strongly recommend all parents to visit these website: <https://www.esafety.gov.au/>.

What are your children doing online (Daniel Morcombe):
http://www.recognisereactreport.com.au/videos_cs_for_parents.html.

I will make it clear for all students who attend St Joseph's College that students who post inappropriate comments, photographs, videos etc. will jeopardise their position at the College. This includes students who actively share comments or images that are inappropriate. This applies to content that is brought into the College - (even if comments were posted outside of school on weekends or holidays) about another student. Once it is brought into the College via other students, it becomes our responsibility to act accordingly. The consequences will be upsetting to parents and offending to students. There will be a high possibility that parents need to seek another educational institution for their child's education. This includes students involved in sexting. Such students run the risk of being placed on the sex offender list and may face child pornography charges, and this could have impact on their future careers and opportunities later in life.

St Joseph's College has child protection officers - Mr Christopher Bradley, Mrs Heather Hagemann and Ms Heather Darcy. These staff have an important role to play in child safety; in fact, all our staff have undergone child protection training. Please contact them at the College if you have concerns. All students have the right to feel safe and reporting inappropriate behaviour means better safety and wellbeing for families, staff and society in general.

This week's reflection:

"The truth will set you free." (John 8:32)

When we hide the truth, we hide the part of us that stands the best chance of really contributing something valuable to the rest of the world.

Nicholas Lynch, Principal





Then a Canaanite woman started shouting, '... take pity on me.....' But Jesus answered not a word. And the disciples went and pleaded with him. 'Give her what she wants'.... 'Lord,' she said 'help me.' (Matthew 15:21-28)



The Gospel presents us with an interesting mix. A despondent Jesus, impatient disciples and a distraught woman!

How do we react when we encounter someone begging like the Canaanite woman?

When we are accosted by someone struggling with pain, rejection, problems, disability?

When someone is pestering, intrusive, a nuisance.

How do we react when we encounter such desperation?

Do we ignore them, put them off, or try not to encourage their pleas?

Jesus' encounter with the Canaanite woman is not what we would expect!

Jesus' silence was perhaps his inner struggle like ours, unsure of what to do.

Tenacious, bold yet humble, the Canaanite woman, got down into the dust, knelt where dogs play and crumbs fall. This got the attention of Jesus.

She, who kneels before God, can stand before anyone!

Compared to Peter whose faith stumbled and sank last week, this woman has a gutsy faith in the midst of the storms of her life. She is desperate for her daughter to be healed. The Canaanite woman was unconcerned about what others thought of her – she 'came out' and immediately 'started shouting'. Committed people don't mind making a nuisance of themselves. The woman's persistence is noteworthy – she won't let go of Jesus.

Doesn't the Holy Spirit smile within us when we ask for what we need? When we, like the Canaanite woman, let nothing stand in our way, like our own origins, our status in life, our sins and maybe even our rejection by others?

This is the day that the gospel of Jesus goes to the dogs. Where those in power saw an outcast, Jesus sees a woman's faith/love and heals her daughter. Jesus' saving power is no longer withheld. He expands God's circle of love, mercy and compassion to include those once considered outsiders.

Through the bold words of a stranger, Jesus' mind and heart were changed. We glimpse a very human Jesus who can boldly and singularly reveal God's incredible compassion at work within him - and always for us. What seems a shocking story because it portrays Jesus mouthing prejudice; the story was told and retold because Jesus abandoned his apparent conservative stance in favor of compassion and inclusion. The good news is that Jesus refused to remain bound by distinctions.

The human reaction of Jesus to the woman models for us the need to look carefully at our own racism, sexism, cultural and professional superiority. For, like Jesus in this Gospel, our encounters with someone who is in need, someone who is different, someone who is desperate **can change us, can break our hearts open**. The Canaanite woman represents all those whom we exclude for whatever reasons.

Feelings of pity, discomfort, anger and guilt can be changed into tenderness, compassion, kindness and an ever-widening circle of love.

Let us pray and support one another and not be halted or diverted, when we hear: *'It's not done that way'; 'It can't be done!'; 'We can't take them! ; 'Help me!'*

If Jesus can have a change of heart so too can we!

PRAYER

She, who kneels before God, can stand before anyone!

Dear God,
Creator of women in your own image,
Born of a woman in the midst of a world half women,
Carried by women to mission fields around the globe,
Made known by women to the children of the earth;

She, who kneels before God, can stand before anyone!

Give to women of our time,
The strength to persevere,
The courage to speak out,
The faith to believe in you,
Beyond all systems and institutions
So that your face on earth may be seen in all its beauty,
So that men and women become whole,
So that the church may be converted to your will in everything and in all ways.

She, who kneels before God, can stand before anyone!

We call holy women, who went before us,
Channels of Your Word in testaments old and new,
To intercede for us,
So that we might be given the grace
To become what they have been,
For the glory and honour of God.



Rosies

Thank you to Harry Claydon, Luke Munoz and Luke's mum, Louise, for helping out with Rosies.

Brekky Club

Thanks to Geoff Morgan and Cathie Barton and PC Group M8 for running Breakfast Club this week.

(Julianne Rasmussen, AP – Mission)

**SKITS &
SEMIQUAVERS**

**St Joseph's College
Variety Night Concert**

**Friday 25th August
MacKillop Centre
7.00pm**

Entry is a gold coin donation at the door.



Year 12 QCS test

On Tuesday 29th and Wednesday 30th August, Year 12s will be sitting for the QCS test. Students who are non-OP eligible and not sitting for the test will not be attending school for these two days.

To be OP-eligible, students must sit for all tests over the two days.



The power of connection in addressing bullying

Although proven by research, it is also common sense that being connected to our resources enhances our well-being and resilience. The impact that bullying has may depend on how connected an individual is to their personal resources and surrounding support systems.



Personal resources include a student's self-belief. Some students may dismiss what seems to others like hurtful verbal or social bullying because they are self-confident and have many other positive experiences in their lives. Other students may feel deeply distressed and personally responsible for being bullied.

Further personal resources include changing perspective about what's happening; especially acknowledging that no-one deserves to be humiliated, much less for this to happen repeatedly. You are not to blame if you are being bullied. Being able to see the perpetrator as the one with the problem can give some sense of liberation.

Support systems around a student can make an enormous difference in how harmful bullying is. A close friend, safe places to be, other positive experiences, another friendship group to join, or students who say something supportive or positive can all reduce the impact of bullying, and can stop it happening again. It is important for students to align themselves with people who help them feel good about themselves. Good friends respect, encourage and support, care for others' wellbeing and are fun to be around.

Students can try to sort out the problem behind the bullying. If they feel safe to do so, talk with the other people involved and ask them how the problem can be sorted out together.

Adults in students' lives can support them by highlighting and fostering these personal resources.

College staff respond to inappropriate behaviour and try to ensure every person feels safe. Staff also identify when the behaviour is part of bullying. They look into the underlying reasons and all the people involved in order to resolve the situation.

Adapted from <https://bullyingnoway.gov.au>

Next week: The Role of Bystanders

(Trish Roache - College Counsellor - Wednesdays and Thursdays)

Date	Test	Times	Instructions	Equipment	
TUESDAY 29 AUGUST	WRITING TASK 2 hours 10 min perusal	8.30 - 8.45 am	Line up at the Mackillop Centre in school uniform. Check equipment	Writing Task Essential	
		8.45 am	Enter Mackillop Centre	Pens (black ink)	
		9.00 - 11.15am	10 minute perusal 2 hour paper	Optional Pencils Pencil sharpener Eraser Correcting fluid /tape	
		11.20am	Test Papers collected in silence	Highlighter Transparent container to carry equipment	
	BREAK 11.30am - 12.30pm	Lunch Break - Students must not leave school			
	MULTIPLE CHOICE TEST 1 1 hour 30 min 10 min perusal	12.30 pm	Line up at Mackillop Centre. Check Equipment. Enter in silence.	MCI - essential	
		12.40 - 12.50pm	10 minute perusal	2B pencils, Sharpener, Eraser, ruler, Approved calculator	
		12.50- 2.20pm,	1 HOUR 30 minute paper.		
		2.20pm	Finish Paper		
		2.30 - 3pm	Students dismissed at 3pm	Optional Highlighter	

Date	Test	Times	Instructions	Equipment	
WEDNESDAY 30 AUGUST	SHORT RESPONSE TASK 2 hours 10 min perusal	8.30 - 8.45 am	Line up at the Mackillop Centre in school uniform. Check equipment	SR-essential Black pens, pencils, protractor, compass, eraser, coloured pencils, ruler, approved calculator	
		8.45 am	Enter Mackillop Centre	Optional Highlighter, sharpener, correcting tape	
		9 - 11.15am	10 minute perusal 2 hour paper		
		11.15 - 11.30am	Test Papers collected in silence		
	BREAK 11.30am - 12.30am	Lunch Break Students must not leave school			
	MULTIPLE CHOICE TEST II 1 hour 30 min (10 min perusal)	12.30pm	Line up at Mackillop Centre. Check Equipment. Enter in silence.	MCI - essential	
		12.40pm - 12.50pm	10 minute perusal	2B pencils, Sharpener, Eraser, ruler, Approved Calculator	
		12.50pm- 2.20pm	1 HOUR 30 minute paper.		
		2.20pm	Finish - Collect papers	Optional Highlighter	
		2.30pm	Pack up hall Students leave at 2.45pm		

Year 9 and 10 Subject Selection for 2018

Year 9 and 10 subject selections are due by Friday 25th August. This deadline is important and students are asked to return their signed subject selection receipt to student services.

Year 12 Study Day

Please note as per the College Calendar, Year 12s have a study day on Thursday 31st August. Students are encouraged to use this time wisely as their exam block starts on Friday 1st September.

(Kerrie-Anne Fellenberg, AP – Mission)

FORMS TO BE RETURNED:

- Years 8, 9 and 10 Web Preference receipts for subject selection
- Year 12 Retreat forms
- Year 9 Camp forms
- Year 11 Leadership Camp forms
- Year 7/8 Activities Week forms

Please return these forms to Student Entrance ASAP.

Tuckshop Roster August/September

Monday	28 th August	→ June Brady
Tuesday	29 th August	→ Kay Holzworth
Wednesday	30 th August	→ Maureen McIntosh
Thursday	31 st August	→ Kat Mikhailitchenko
Friday	1 st September	→ Deanna D'Arcy





School-based Apprenticeships/ Traineeships

Please see Ms Masters in the Voc. Ed. room if you wish to apply for any of these positions. Work experience may be required before a successful applicant is selected. Please ensure that an opening letter is attached to your resume when applying for these positions.



• **Certificate III in Glass and Glazing.** Lowes Glass and Aluminium Toowoomba has a vacancy for a Year 10, 11 or 12 school-based apprentice to work one day per week. Applicants must have a genuine interest in pursuing this career pathway, and be punctual, positive and a quick learner. The successful applicant will learn how to perform a range of tasks including safely manufacturing, processing, moving and installing various types of glass, and handling glazing materials and components. Applications close 30th August.

Certificate II in Community Services

The community services sector in Australia is forecasting enormous job growth over the next five years. Jobs are already on offer now and employers are looking for suitably qualified staff who not only have job skills but also personalities required from care workers. Are you looking to get started in a career that is extremely satisfying? Are you someone who likes to help others?

EMPLOYMENT OPPORTUNITIES

- Community services worker
- Disability care worker
- Aged care worker
- Home and community care worker

Please see Ms Masters if you are interested in undertaking this qualification. Aurora Training Institute is offering this course through Government VETis program funding – no charge to students. VETis program is funded by the Queensland Government to give eligible students funding to complete one Certificate I or II level qualification while attending secondary school.

(Angela Masters, Voc. Ed. Coordinator)

FROM THE CAREERS COUNSELLOR

QTAC Update

To fill out your QTAC application you'll need:

- A valid email address – don't use your school email.
- To create your own password.
- Your Learner Unique Identifier (LUI)
- Your QTAC Codes in order of preference
- Credit Card or Bpay is available
- Printer
- When asked if you would like to authorise another person to speak for you – say 'Yes'
- Keep your contact details up to date
- Connect with QTAC via social media



Key dates

Key application dates

3 Aug	Applications opened
29 Sep	On-time date for applications Some courses with fixed closing dates close today
17 Nov	Earliest date you may receive an offer

Order your preferences correctly

List 6 preferences in the order of:

1 st	Desired courses	Courses you want to study
2 nd		
3 rd	Back-up courses	Less competitive courses you want to study
4 th		
5 th	Pathway courses	Courses that will help you upgrade into a course you really want
6 th		

I am here to assist students and families with all aspects of the application process.

Follow the link: <http://www.qtac.edu.au/applicationservices> or visit the QTAC website to begin the application process.

USQ Update

USQ Ipswich Campus Open Day 2nd September!

USQ strongly encourage people to register and plan for the Open Day to get the most out of the day. The feature this year is 'All Things Healthy Expo'. Enjoy listening to guest speaker, Paralympian Kurt Fearnley, take the opportunity to speak to USQ staff and academics. There will be a strong focus on health and wellbeing. You'll be inspired to take the right direction to help improve the lives of others! **To register:** https://www.usq.edu.au/openday?utm_campaign=openday_17&utm_medium=email&utm_source=newsfeed_external_term2&utm_content=text.

Rural Careers – Queensland Agricultural College

TASTE is a non-accredited training experience which allows young people to find out what a career in the rural industry is all about.

TASTE - The Agricultural Skills and Technology Experience is a program for Year 10, 11 and 12 students run during some school holidays. The program is designed to help young people explore the many career options available in the rural industry.

Students may take the opportunity to experience life at Emerald Agricultural College or Longreach Pastoral College before enrolling – dates are as follows:

- Longreach Pastoral College 25th - 29th June
- Longreach Pastoral College 17th – 21st September
- Emerald Agricultural College 4th - 28th September
- Emerald Agricultural College and Longreach Pastoral College 3rd – 8th December

Contact either Longreach Pastoral College or Emerald Agricultural College for further information (1800 888 710). Brochures are available in the Careers Room.

Australian Defence Force Careers Information Session

Date: Tuesday, 12th September
Time: 6.00 – 8.00pm
Location: Milne Bay Training Depot, O'Quinn Street, Toowoomba

Leadership and Management Information Session

Date: Tuesday, 26th September
Time: 6.00 – 8.00pm
Location: City Golf Club, 254 South Street, Toowoomba

To **RSVP** please email TWBCPT@dfr.com.au

Careers Event	When	Who
USQ Ipswich Campus Open Day	Sunday 2 nd September	All
USQ Indigenous Connections – Toowoomba Campus	Tuesday 10 th October	TBC
USQ Headstart (Semester 3, 2017) Applications close	23 rd October	Year 10, 11 & 12 students

(Fabiana Wilson, Careers Counsellor)



Year 12 Recreation Education Camp

What do you get when you have 49 students, one assistant Japanese Teacher Aide, one pre-service teacher and four staff teachers? You get the opportunity to experience many outdoor activities and an opportunity to go outside of comfort zones.



After departing the College at 7.30am on Thursday last week the group arrived at Murphy's Creek Escape by 8.00am to commence day one activities. These included Archery and construction challenges, High Ropes course, and Initiative Activities. Our students performed well in each of these activities. Some of the times recorded in many of these events were the best listed at the campsite. Following the day one adventures came the setting up of tents and campsites, meal preparation, showers and enjoyment of each other's company around the campfire toasting marshmallows, spinning yarns and playing games. The enjoyment of nature was stretched when the local possums joined the camp to steal some supplies and create havoc with unsuspecting campers.

An early 5.00am rise to commence day two with breakfast preparations, camp dismantling and preparation for navigation through native scrub was not everyone's normal start to a day. Follow this up with an abseil, cliff walk and return to camp via a rough track and everyone knew that on completion they had achieved a very difficult and arduous day's activity.



A tightly scheduled return to school and a frantic search for all the equipment completed the camp. Staff and students travelled home for a well-earned rest and recuperative weekend.

(Paul Canning, Teacher)

New Records

From the carnival last week, we have had some new records set.

Young Zachary Vellacott broke Oliver Eldridge's 2016 discus record of 30.50m and set a new record of 30.75m.

He then set about also breaking Oliver's javelin record of 24.70m, setting a new one of 28.21m.



And not content with those two, Zachary also broke Oliver's shot putt record of 9.54m to set a new record of 11.32m.

Another record of Oliver's was also broken by Alex Wiggins, who set a new record in the long jump of 3.91m, beating the old record of 3.66m.

Oliver will have to set some new records as he goes through high school and hope that these two boys do not follow him and break them on him.



Phoebe Baird broke Lara Nielsen's 2006 400m record in the 14 years' girls event. Lara's record of 67.17 seconds was beaten by a 64.45 second new record.

She also broke D. Law's 200m 1983 record of 29.2 seconds to have the new record recorded at 27.94 seconds. And for the trifecta she also broke D. Law's 1983 100m record of 13.6 seconds to have the new record of 13.22 seconds.

A brilliant effort by all three athletes.

TSSS Athletics Carnival

The students were brilliant last Wednesday even if the weather wasn't. We had one of those nasty days with the westerly spoiling what should have been a good day.

Results for some of the students are:

- Oliver Eldridge: 3rd 13 years boys javelin, 2nd discus
- Keely McCullough: 3rd 15 years girls long jump
- Jacob Nolan: 1st 15 years boys long jump and triple jump, 2nd hurdles, 3rd 100m
- Anthony Harrison: 3rd open 3000m
- Phoebe Baird: 1st 14 years girls 200m, 100m and 400m
- Blake Cesari: 2nd 14 years boys 200m, 100m
- Mataeya Higgs: 3rd 16 years girls high jump
- Jordan Wright: 3rd 14 years boys hurdles
- Ally Tiernan: 2nd 19 years girls 800m
- Nathanael Ganly: 1st 14 years boys long jump, 3rd high jump, 1st 400m
- Elizabeth Jacklin: 3rd 15 years girls javelin
- Dan Maroulis: 3rd 19 years hurdles
- Shana Stokes: 3rd 19 years 400m
- Riley Willmot: 1st 13 years boys 1500m
- Ryan Ward: 2nd 14 years boys 1500m

In the overall placings we finished:

GIRLS

13 years – 5th
14 years – 3rd
15 years – 3rd
16 years – 7th
19 years – 4th

BOYS

13 years – 3rd
14 years – 2nd
15 years – 4th
16 years – 9th
19 years – 9th

Some teams were amazing as they filled in for others who were sick with the flu, especially the open girls – they were fantastic.

Many athletes will now travel down to Warwick on Thursday 31st August for track events and Friday 1st September for field events to compete for positions in the Darling Downs teams.

Range Results

Five of our 12-year-old athletes travelled to O'Quinn Street a week or so ago to compete at the Range Zone events to see if they could make it to the next level to vie for a position in the Darling Downs teams.

Zachary Vellacott won both the discus and shot putt, Callum Galvin won the high jump and Ashleigh Caporn won the 100m and 200m sprints and all three will be at trials on 29th August as well. We wish them all the best.

Senior Vicki Wilson

On Sunday 20th August the girls and I turned up to St Mary's for the annual Senior Vicki Wilson Competition. We had mixed results but won against Wilsonton State High School, Dalby State High School, and Concordia but had narrow losses to Glennie, Roma and Centenary Heights.

All Schools Touch

Six teams competed in this annual event on the weekend of 13th August. All students played really well. The 13 boys coached by Mr Carmody had seven games and came up just a little short. We thank Mr Carmody very much for helping us out for the day. The Under 15 boys coached by Miss Bolton made it through to the grand final but sadly

were just beaten in the end by a strong Downlands team. The 15 girls coached by Mrs Pengilly and Mrs Young were just beaten in the semi-finals. The open girls made it through to the semi-finals and did themselves proud. The open boys coached by Mr O'Neill won their grand final after beating Harristown in a thrilling game.

Many thanks to the coaches who gave up their Sunday and time with their families to allow these students to compete. Without their continued support these events would not be able to take place.

(Deb Newton, Sports Leader)

The Diary

Day	Date	Event
Friday	25 th August	Skits and Semiquavers 7.00pm – MacKillop Centre
Tuesday	29 th August	QCS Test
Wednesday	30 th August	QCS Test
Thursday	31 st August	DD Track Athletics
Thursday	31 st August	Year 12 Study Day
Friday	1 st September	DD Field Events
Friday	1 st September	Catholic Schools Eucharist
Friday	1 st September	Year 12 Exams begin
Sunday	3 rd September	Junior Vicki Wilson Netball
Tuesday	5 th September	P&F Meeting 7.00pm
Thursday	7 th September	TSSS Boys Cricket
Friday	8 th September	Team Chess Tournament



Uniform Shop 4631 8514

UNIFORM SHOP TRADING TIMES:

- » Tuesday - 7.30am – 10.30am
- » Wednesday - 1.00pm – 4.00pm
- » Thursday - 7.30am – 10.30am

SAFE DRIVE TRAINING

Each year we organise participation in a Driver Safety Program through Safe Drive Training at their training venue at Willowbank. It will run on Sunday 8th October at a cost of \$195.00, which includes bus transport to/from Willowbank, departing St Joseph's at around 7.00am and returning approximately 5.00pm. To participate, students need to hold either a Learners Permit or Provisional Licence by that date. Forms and payment must be received by **Wednesday 13th September**.